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PSYCHIC LIFE

SPECIAL ISSUE
A PSYCHIC'S SENSE OF SMELL

also
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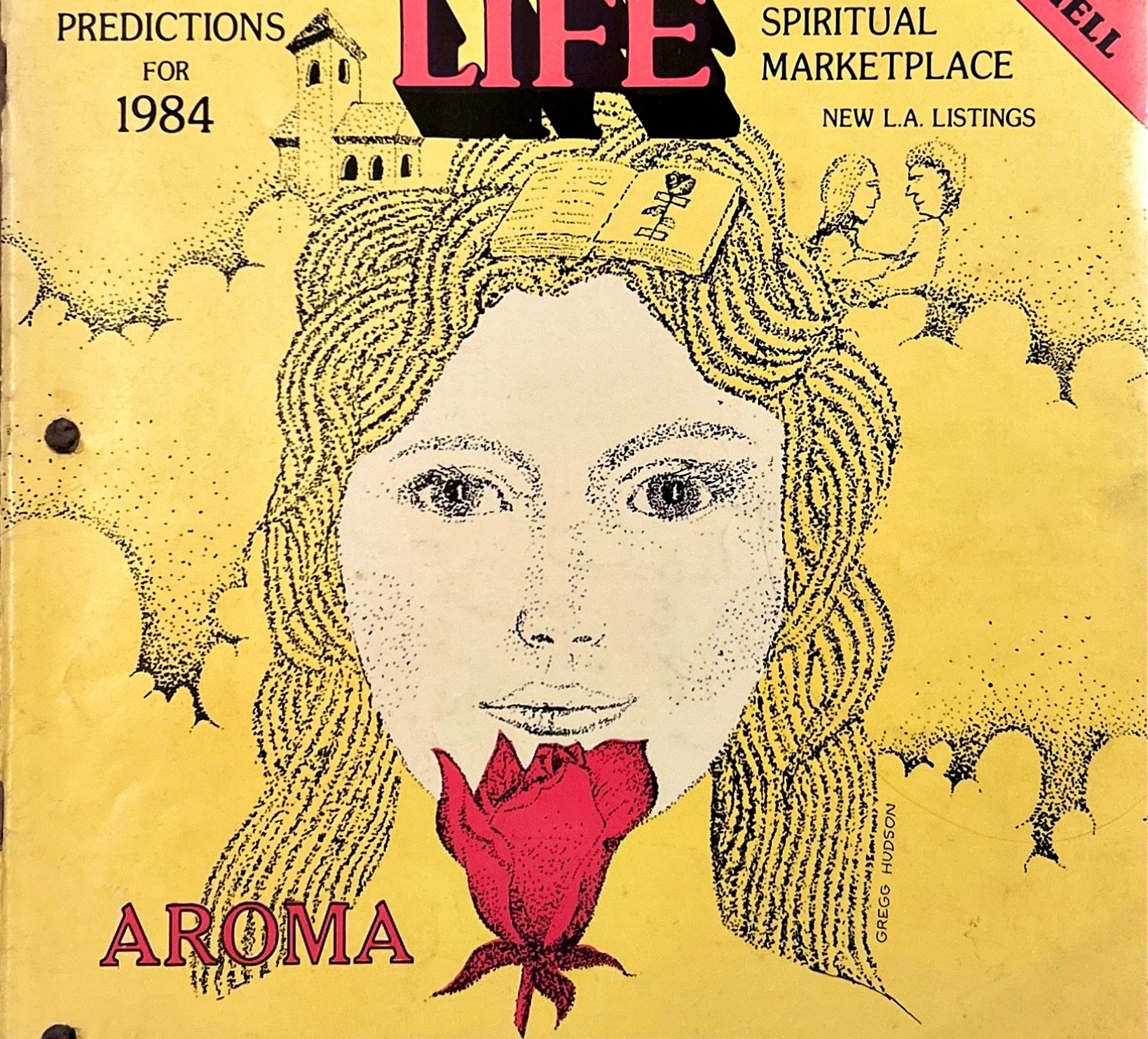
PREDICTIONS FOR 1984



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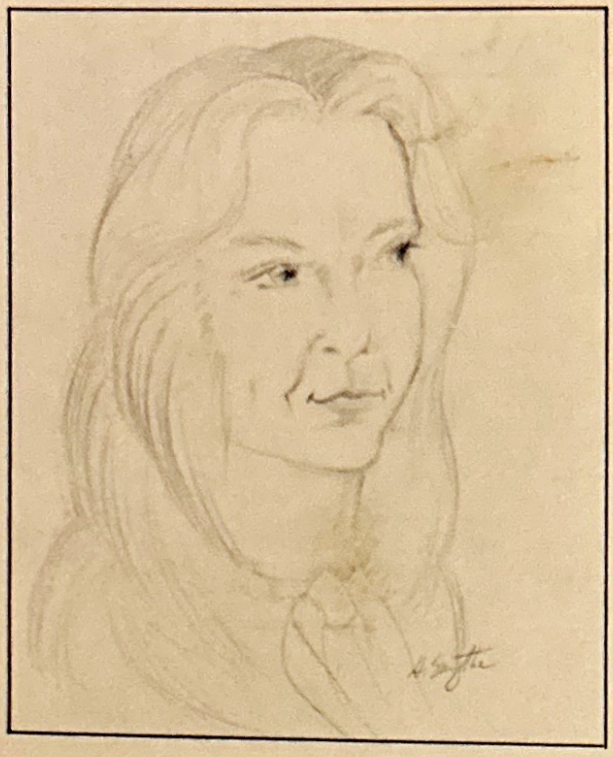


What happens at the Berkeley Psychic Institute?

from the Graduation Address given by Rev. Julie Woodland on her graduation from the Apprentice Teachers Program of the Berkeley Psychic Institute and the Church of Divine Man

The first time I came to the Berkeley Psychic Institute was when it was still on Regent Street, I had my first reading there.

Well, something happened during that reading. Someone said "hello" to me. Not a "hello" for the family I belonged to or what I did professionally or what I looked like. A "hello" right to me for where I was just then.

The psychics that read me that day also said "hello" to the fact that I was a healer. I knew that I could make people feel better by talking to them. I had a degree in psychology, sociology and family living from Central Michigan University. I did a lot of talking and a lot of listening.

While I lived in Texas I worked with abused children, people in poverty, alcoholics and drug addicts. And for six months I lived in the middle of the Davy Crockett National Forest with delinquent children. We built our campground and living structures by hand. In my time off I went to every kind of therapy from Gestalt to Psycho-Drama.

Each thing I did, each job, each patient I listened to, I went away feeling pain. What I learned during my reading was that I was taking on these people's problems.

Since moving to California, I was pursuing bigger and better modes of therapy and self enlightenment. I prided myself that my diet was pure (except for about two pounds of chocolate per week) and I took no drugs, not even an aspirin.

So it was very dismaying when they asked me during my reading if I took a lot of drugs. I was somewhere between a chameleon and a sponge.

Not only could I match my surroundings and fit in anywhere, but I could also soak it up. At the time I was a counselor at the Haight Ashbury Detox Clinic.

I decided to take a meditation class at the Berkeley Psychic Institute. And soon it became apparent just how much I was taking on these peoples problems. And believe me heroin addicts can be very creative with their problems.

The only reasonable thing for me to do was to find a quieter field to work in, especially since I had decided to take the One Year Clairvoyant Program at the Berkeley Psychic Institute.

So I went back to school to become an ambulance driver.

I want you to know a little about my path to the institute because all of us have similar stories about how we got there. Almost no one says, "I was just living and now I am here." Most of us had to find out what we didn't want to do first and gain some life experience too. Since that time I've gained a lot more life experience, especially these last six months in the Teachers Program.

We don't have books. At the Berkeley Psychic Institute we learn by doing. In the Teachers Class you learn by doing. You teach and you learn by what you teach.

Sometimes that is not an easy task, and sometimes it is great fun. My graduating class would like to take this time to thank our teacher; sometimes it was not an easy task to teach us. Thank you, Rev. Francesca Biondo.

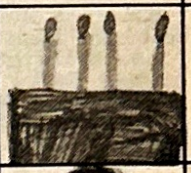
For More Information: Berkeley Psychic Institute, 2436 Haste St., Berkeley 94704 (415) 548-8020

This Is Your
PSYCHIC LIFE

Cover Design by Gregg Hudson

Contents

Psychics and Sense of Smell

PREDICTIONS	Now that we have reached that long awaited year, 1984, what is really going to happen? Read some startling predictions by a group of psychics.	**1984**	10
KIDS' VIEW OF SMELL	Psychic Children draw their reactions to some common smells and make a statement about how it makes them feel. A psychic interprets their work.		14
The Psychic Side of Scent	How do psychics respond to their sense of smell? Four psychics relate their experiences and how they use smell to enhance their spiritual information.		16
Aromatic Recipes	Do certain smells trigger past experiences for you? Several psychics share nostalgic recipes that smell as good as they taste.		20
Perfume Power	Perfume has the power to cover foul smells, produce a pleasant scent and change a dowdy feeling to an aura of a femme fatale. Read about the power of perfume.		24
ESSENCE OF HEALING	Aromatherapy, used in ancient time and until the beginning of this century, explains the healing influence of aroma and the scientific explanations to back it.		25
January February Forecast	A new column, Astrological Forecast, looks at the months of January and February of the new year. What do these months hold for you?		31

Feature Articles:

Robert Cole - Astrological View Part II,8,9
1984 Predictions,10,11
Psychic Children,13
Kids and Smell,14,15
The Psychic Nose Knows,16,17,18
The Smell of Nostalgia,20,21
Perfumes,24
Aromatherapy,25,26,27,28

Standard Articles:

Editorial,2
Cosmic correspondence,3
Ask Sharon,4
Miracle,5
Healing and the Law,6,7
Questions and Answers,12
How to Heal,23
Lewis Speaks,22
Male and Female,19
Spirit Guides,29,30
Astrology,31
Spiritual Marketplace,32,33,34
Healing with Tarot,35
Intellectual Corner,36
Humor,37
Missionary Healing,38
Directory,39

Editorial

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BY Psychics FOR Psychics

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This is your Psychic Life does not prescribe. The spiritual healings and spiritual techniques explained here are for educational use only. It is recommended that those seeking medical service see a physician.

How To Destroy A Psychic: Lasers, Holograms and Smell

I was sitting in trance with a group of psychics recently watching a kind of scientific homing device that beams holographic energy at a psychic or a group of psychics.

The machine manufactures waves that can destroy the Third Eye or greatly disorient a clairvoyant's ability to "see" clearly. Psychics have observed these machines from aliens and UFO's, Soviet spies, space satellites, the Livermore Rad Lab, Los Alamos, New Mexico, universities and home grown inventions.

The energy beam game is a bit like what the scientists do when they stick pins in a psychic to test realness. Only now, in 1984, they use lasers and holograms which flicker like neon bulbs in a department store: driving you nuts between the ears as well as the eyes, especially if you're a sensitive person.

The effects on psychics of this beaming energy are: nausea, confusion, high pitched buzz in ears, loss of memory, inability to communicate in your 'normal' ways, a sense that you don't know anything.

Soon, you will read about lasers and holographic discoveries in the prestigious scientific journals. Actually, it has been reported in 'Success Magazine' that Dr. Karl Pribram, Stanford surgeon and neuroscientist describes the brain as a hologram, which is waves emanating from brain cells that have been stimulated by a sensory experience: the hologram is possibly then picturing three-dimensional past-time scenarios. Some others are conducting research beaming different holographic messages into what Dr. Pribram labels the brain hologram.

Will the real hologram please stand up? If it seems confusing, that is exactly what the game is about.

Most of these scientific experiments are secret (unless you're clairvoyant) as neurosurgeons and the like don't want the ethics committees after them, not until they have earned enough awards, praise, and have captured the market. Then, it won't matter how many mice, marmosets, guinea pigs or psychics have been damaged. The end justifies the means.

Strangely, all this mystique about beams of energy and holographic designs in front of and in the brain cells has something to do with smell.

The January issue of 'Omni Magazine' reports that there are at least 12 U.S. centers (many very recent) studying and/or treating olfactory mechanisms. 'Omni' also reports that odor sends impulses along its own direct bee-line to the brain, out-distancing taste, touch, sight, hearing which first must wind their way through other nerve impulses along the path.

Dr. Lewis Bostwick, founder of the Berkeley Psychic Institute, talks about insanity, smell and experiments on psychics. He has found that smell can drive you crazy and that often the smell created a picture (often of pain) that got stuck in the brain and continues to flash a past time scene. The intensity of that picture causes insanity.

There's not much difference in an insane person and a psychic who has been molested by scientists. Dr. Bostwick once sent two of his clairvoyant students to Stanford University at the request of a scientist there who ran plant energy through a crystal placed on the Third Eye. "It took three months to bring our clairvoyants back to a sane state of health because of the damage done to the sixth chakras (third eye)," he said.

This issue of the Psychic Life makes some psychic sense out of an odoriferous topic. Beware! A word-picture may stimulate a smell may stimulate a picture which may create a hologram which may send you into an ecstatic frenzy toward your refrigerator. And you didn't even smoke any dope. We apologize for not being able to provide a scratch and sniff page. You'll just have to be psychic.

Susan Hull Bostwick
Editor

cosmic correspondence

An Appreciating

Our warm regards and best wishes to you, your loved ones, and magazine staff. Your publication is very good and it's a delight to have my ad in it. Your continued cooperation, consideration and help is ever appreciated.

Rev. Dr. B. B. Virdure

Thank you and and all our advertisers for your support. Anyone interested in supporting Psychic Life by advertising can get a copy of our rates by writing:

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Your support is appreciated. ...editor.

A Thin Reader

Hello! & a big rose for you. (It looks a little soggy because our annual rain festival has started: Oct. to May.) Everyone gets indoor running water whether they want it or not!

Could you fine folks who publish !!Psychic Life!! (very important magazine) please zap the guides who are messing up my subscription mailing.

I first received the Vol. 3, No. 5&6, 1983 and was as pleased as punch. However, the next issue to arrive in September was also this same issue.

Heaven forbid! (I may not be the Supreme Being that runs this universe, but I'm not that dumb that I can't recognize the same issue.)

Guides must of decided to save BIG $$$$$$ and send old issues, so they could filch the NEW isues for themselves.

Besides I have lost so much weight already, I might blow away in the wind.

Decided to Blow another Rose. (Really Big achievement to write a letter, usually too lazy to do so.)

Please chase down this matter and get the presses rolling. This is a wonderful publication to read. Misery loves company. And when in another growth period, I'm usually plenty miserable. Nice to know you're not alone in the experience.

Yours (till the second coming of Christ anyways),

Rev. Charlie Phillips

Hello Charlie!

I'm glad you enjoy our magazine. We think it is pretty special, too. One thing some of our subscribers may not be aware of is that their subscription to Psychic Life is for 12 issues. Right now we publish every other month and the Special Vol. 3, No. 5/6 1983 covered a 3 month period and was 16 pages larger than our regular issues. Still it counts as one issue on your subscription.

So hold to your rain hat, Charlie, and don't lose too much weight (we'd hate to have you blow away instead of your rose.) Psychic Life is on it's way! ...editor.

Inside Story

Just finished reading my current issue of Psychic Life and wanted to tell you how much I enjoyed it. Your Inside Story was wonderful, such a great picture of him.

Thank you for adding pleasure and inspiration to my day.

Good Cheer in the Light,
Susan

Dear Readers,

This column is for you. Do you have a psychic experience you would like to share, a comment on an article, or just a hello? Write us at Deja Vu Publishing Co. ...editor.

The Spiritual Healing Center

The Spiritual Healing Center offers the finest healing of the physical, emotional, and mental levels. Reverend Joseph Martinez enters a trance state where spirit Doctors work with spiritual instruments in a painless and bloodless way on the body.

The Spiritual Healing Center also offers classes in self-healing. Students are assigned 2 healing Masters who facilitate the evaluation of consciousness and such activities as grounding, centering, chakra and auric clearing, exorcism, and meditation. A Spirit Doctor is assigned in the intermediate class to channel 8 methods of psychic surgery.

Reverend Joseph Martinez is the founder and full-time healer of the Spiritual Healing Center. He was born and raised in the Philippine Islands and is one of the Philippine healers. He is a recipient of the gifts of Spiritual Healing, Psychic Surgery and Exorcism, and Spiritual Dentistry.

Prayer Healing followed by Spiritual Dentistry is offered every Tuesday at 7:30p.m.

Meditation on Integral Yoga followed by group healing is offered every Wednesday at 7:30p.m.

Individual healing and counseling Wednesday through Friday 1-6p.m. Donation $40.00 per healing.

Healings are also available every Saturday in Sacramento. (916) 363-1268

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Ask Sharon
Psychic Pen Pals

by Rev. Sharon Santos

Dear Sharon,

I live in Colorado and I would like very much to contact another psychic. Someone who graduated from Bekeley Psychic Institute. I have worked for 4 years with a graduate who did healings and readings for me over the phone from California, and I would like to contact some one who is willing to do this. I don't want to give up my contact with BPI.

The energy in my life has changed greatly these days -- I am cleaning out some old patterns, etc. I feel finding someone to work with is essential for me now as I am healing and changing and need some communication about what I am doing.

What I am asking you for is a reference, either someone who has moved to Denver or a grad that would be willing to work with me over the phone and do healing and reading that way.

Sincerely,

Susane D

Dear Susane,

Your on! We're still hunting down Denver graduates of the Berkeley Psychic Institute. Meantime, I'm sending you some literature to start you on your path again, and a private psychic to give you lessons on the phone. Maybe a Denver graduate of BPI will read this and write to us for your address.

Sharon

Dear Sharon,

I hesitate to write this letter but was given your address and told that you may like to write to someone. Currently, I am serving time at the Washington State Penitentiary for kidnapping and have another year.

I have many interests and enjoy everything in life.

I wouldn't mind writing to a woman who is open minded, honest and has her head on fairly straight -- age is no barrier, it is the person.

I enjoy writing and a pen pal seems a good way to communicate with someone other than the people I am in contact with now. If a good relationship develops with similar interests and goals in life that would be great!

Believe me this was a difficult letter to write, but I feel good about it. I hope to hear from someone soon.

J

Dear J,

I am printing your letter in hope that you will get the communication you are looking for. If there is anyone out there who wants to write J., please send a SASE to Sharon, Psychic Life, 1339 Lincoln Ave., San Rafael, CA., 94901. Thank you,

Sharon

Dear Sharon,

I have 2 questions. I feel my marriage is very destructive to me and that I should divorce my husband. It's a hard thing to do, but after 10 years of trying to make a go of it, it seems hopeless. He refuses to change in any way or to improve himself.

Would I be doing the right thing in divorcing him? Also, will I ever meet and marry someone who is more compatible with me?

What should I do?

D.H.

Dear D.H.,

He likes himself the way he is and he likes you the way you are. What I hear him saying is, "Don't change into something I might not be able to control. Every time you grow, he gets angry. He looks like he has a lot of tension around his head, and ears, causing anger. You need a psychic reading. Send me a SASE with 3 more questions and I'll be happy to help you further.

Sharon

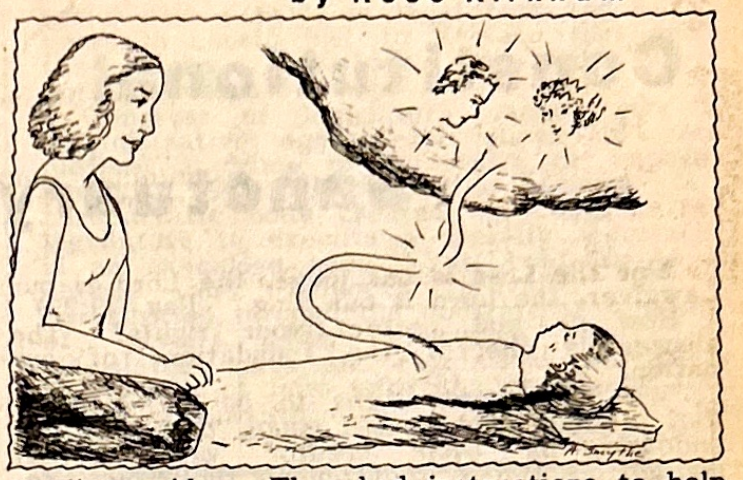
Dear Readers,

Psychic Hotline, a new service of this column, begins with our next issue. Watch for more details.

Sharon

Miracle By The River

by Rose Kirkham



While on a canoe trip recently, I had an opportunity to use my healing ability.

It was a Sierra Club trip led by Ed, Mary and their son, Bob, about 18. They had led this particular trip for the last six years. This time they had with them a couple who were "trainees" and who were learning how to do it in order to take over for the next year. They had never had other capable Sierra Club people along before. There were 12 canoes and 27 people, including 3 younger kids and 8 teenagers.

The trip leader's son, Bobby, was not well when we left, complaining of a cold and exhaustion. By the morning of the third day he was unable to speak, see or walk. We learned that he was a hydrocephalic and had a tube in his head that carried away any excess spinal fluid. Malfunctioning of this tube could create fatal, or at least permanently damaging, pressure in his brain and to his abdominal cavity. Apparently this tube had become clogged, and they decided to paddle him out and get him medical treatment.

I did not ask many questions but just before they left I went over to the canoe and crouched beside the doctor and said, "I think his spirit needs some help too."

I called my healing master and had him ground the body. The clogged tube was very clearly visible on an energy level, and it was black. I went looking for the being. I found Bobby frolicking on the astral, full of enthusiasm and delight. My impression was that he had left the body behind and was going on to the next level. I said "hello"; he recognized me and greeted me joyfully. I told him he could still be spirit and be IN his body. He didn't have to leave it. I promised to show him how if he chose to come back and heal his body. Instantly, he was right by his body and in communication with my healing guides. They had instructions to help him as was necessary. The energy was bright with gold flashing and jumping back and forth over the canoe and Bobby's body. Then, they took him away.

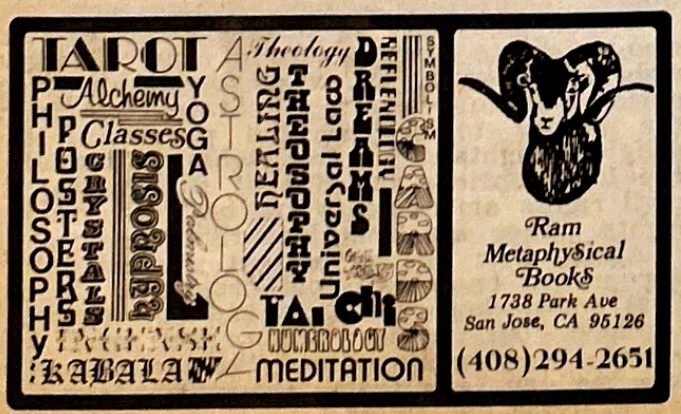
Less than 2 minutes later a motorboat came around the bend heading back to civilization. This was the first and only boat we saw all week. Ed and Mary called them over, and they speeded down to a nearby settlement and found 2 local boys with a truck who were happy to drive them to the nearest paved road. Here they met the ambulance that had been called.

So Bobby got to Garberville from pretty much nowhere on the Eel River in a matter of hours, and was flown to the hospital and rushed into emergency surgery. By mid-afternoon they drilled another hole in his skull and installed another tube for drainage.

Later I wrote a letter telling him about the healing. The people who recognized this miracle and gave me the most validation were the doctor and Bobby's father.

The other people on the trip were able to continue with 11 canoes. All the kids were pressed into service as paddlers which was stimulating and a lot of fun. Several people communicated with me about energy and spirit and healing. They all seemed to be aware that I had done something.

Bobbie was able to use some healing information and accept this miracle because his enthusiasm was so wonderful.☆



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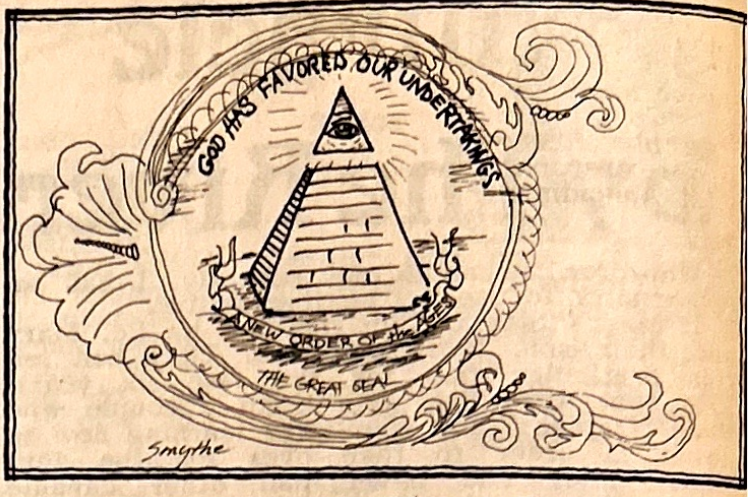

by Michael Tamura

"For the Lord is our judge, the Lord is our Lawgiver, the Lord is our king." (Isa. 33:22)

How do you protect your rights? The answer is one of the foundations of our nation.

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their creator with certain unalienable rights, that among these are life, liberty and the pursuit of happiness. That to secure these rights, governments are instituted among men, deriving their just powers from the consent of the governed, that whenever any form of government becomes destructive of these ends, it is the right of the people to alter or abolish it and to institute new government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their safety and happiness."

Put forth in our Declaration of Independence, adopted in Congress on July 4, 1776, this is the first step towards securing our unalienable rights, to establish a government that derives its just powers from the consent of the people.

Our Founding Fathers experimented with a constitutionalized confederation, a union of states, with its Articles of Confederation (1778). The central government gave complete independence to the states, and they had no direct authority over the people. The States, not the people, gave power to the central government.

Finally, on September 17, 1787, the Continental Congress ratified a new constitution for a federal government. A federation is a union of people as opposed to states. Power comes from the people to both the national and state governments, and they in turn exercise their authority directly over the people.

"We the people of the United States, in order to form a more perfect union, establish justice, insure domestic tranquility, provide for the common defense, promote the general welfare, and secure the blessings of liberty to ourselves and our posterity, do ordain and establish this constitution for the United States of America." (Preamble to U. S. Constitution)

Thus the cornerstones were set down upon which rests our present government of the people, by the people... to punish the people? What happened to the securing of our unalienable rights through the supreme law of the land and a government elected to uphold it?

In the opening statement of a meeting to discuss religious exemption laws, the California Deputy Attorney General declared, "The concept of sanctuary went out with the Dark Ages..." Further along in the meeting, he made a remark to the effect, "you can believe in whatever you like, but you can't practice it unless we permit it."

I also read in a newspaper article recently about certain churches "resurrecting th medieval practice of declaring sanctuary." The concept of sanctuary never died with the Dark Ages. It only becomes prominent when the government becomes corrupt and begins to profess that its illegal laws are above God's laws. Where, then, can a person go to protect his rights, his God given rights? To his church sanctuary where it is God who judges him, not the state.

To public officials who, contrary to their oaths of office, do not uphold either the letter or the spirit of the Constitution, the word "sanctuary" is definitely a bad word.

Sanctuary is the antithesis of the common tenet of law enforcement officials; "no one is above the law." This tenent is unconstitutional since the "law" in question is "code law" or government-made ordinances, rules, regulations, and statutes. These are not above the Constitution, which is derived from English Common Law or the law of the people. Common law is the direct descendant of Canon Law or Church Law, which in turn is the religious observance of the Ways of God.

Indeed sanctuary is much feared by those who wish to deprive us of our God-given rights. However, the very foundation of our nation was to restrain the State from having the ability to deprive the people of their religious rights. All the rights protected by the Constitution, the Bill of Rights, and the civil rights amendments are basically religious rights. They are God-given rights.

Again, how do we protect our rights? I appears to be a two fold process. We must first know where we stand and how we intend to have our rights. Then, we must know where the government and the law stands and how we can keep them from taking away how we exercise our rights.

To have your rights, you must understand that your rights are your spiritual and religious rights. In that context, the government cannot judge you.

"Congress shall make no laws respecting an establishment of religion, or prohibiting the free exercise thereof..." (U.S. Constitution, 1st Amendment)

"Free exercise and enjoyment of religion without discrimination or preference are guaranteed..." (California Constitution, Section 5)

First, there is your relationship with God. Then, there is your relationship with your Church. Does your Church have provisions to protect your rights? Does it have a sanctuary where its members, practicing their religion, are free from the control of the government? Does it have a Church tribunal where a member or members can take their "legal" problems instead of government court of law?

Matthew Chapter 18:15-17

15. Moreover if thy brother shall trespass against thee, go and tell him his fault between thee and him alone: if he shall hear thee, thou hast gained thy brother.

16. But if he will not hear thee, then take with thee one or two more, that in the mouth of two or three witnesses every word may be established

17. And if he shall neglect to hear them, tell it unto the church; but if he neglect to hear the Church, let him be unto thee as an heathen man and a publican.

If such a Church "court" is set up correctly, even when a non-member seeks legal action against a member, that member should be able to demand that the action be heard in his church tribunal, that his church and religion do not allow for certain issues to be heard in a legal court other than the

A church has the right to declare itself a State within a State

church's own. A church has the right to declare itself a state within a state with its own government, courts, educational systems, hospital, utilities, etc.

These are all constitutionally guaranteed rights and freedoms. Yet, how do we protect ourselves and our santuary from being taken away by the government? Most of this invalidation and deprivation of our rights happen on the local levels of city and county governments. It happens in the small government offices with their reigning Monday monarchs, zoning officers, tax assessors, social service workers, local IRS agents, postal clerks, planning commissioners, and the like. We know that what they take away from us is unconstitutional, yet how often do we want to make it a constitutional case, spend over $25,000 in legal fees and 5 to 10 years in courts just to declare that one of the forms we have to fill out is unconstitutional?

Congress or legislature cannot give any administrative agency the power to create (define) a crime or to punish or impose a penalty. An administrative agency is a bureaucratic body created by Congress or a legislature to execute a specific statute. It is an executive body. Yet, contrary to the checks and balances provided in our constitution through the doctrine of separation of powers, this executive body also "legislates" rules and regulations which have the weight of laws until challenged and found to be unconstitutional. It performs the task of a judicial branch as well by judging and by

Members are governed by the Church first, not the State

the enforcement of their own "laws." In our government, the separation of the executive, legislative and judicial branches provide the systems of checks and balances. For one body to be invested with all powers is unconstitutional. Through these administrative agencies, operating illegally, the atrocities to civil rights are perpetrated.

What do you do when you can't heal or even be a healer because the Board of Medical Quality doesn't recognize your religion? What do you do when you can't attend your church because the zoning commissioner won't allow your church to be in your neighborhood? What do you do when the tax assessor defines what a church is and what it isn't, and your church and religion doesn't fit his definition? What happens when you can't send your children to get their spiritual education in your church because the social service agency shuts down your church seminary saying they can't license it?

Do you go to the Supreme Court? What do you do with the individuals who take away your rights? What if your church didn't get its exemption because the tax assessor didn't believe in its tenents? In Alameda County, the tax assessor prevented a Church from having its exemption because "the atheiests are on our neck for giving churches exemptions." Perhaps, there are two ways of going about this. The Church as an organization could go after the agency as well as all its members individually as third parties. The Church could file suit against the individuals in the agencies who directly took part in depriving them of their civil rights.

There is a campaign of programming going on in the last several months to really deny us the right to our sanctuary from the state

(Continued on page 30)

1984: Chaos Or Change?

Part 2

by Robert Cole

This article is part 2 of the two part article, "1984: Chaos or Change." In part 1, Robert Cole reflects the changes of the planet and society over the past ten years. For 1984 he examines Jupiter's transit into Capricorn and predicts how this year will bring a terrifying stand-off between the superpowers of the world. Part 1 can be found in Vol. 4 No. 1.

Now I want to take you beyond a personal involvement with a world full of dignitaries, defensiveness, secrecy, and social involvements. After all, you've known all along that what I have forecast is probably going to happen. Reagan will win in a landslide just like Nixon did. There will be another Vietnam/Bay of Pigs/Berlin somewhere on Earth, wherever the military chose it to be. Staunch Republicanism and Militarism will directly confront the movement toward world democracy and universal peace.

But let me inspire you with the bigger picture. For, what I have written already is only one frame (one year) in the glorious motion picture of Human Progress. Now I want to tell you about the participation of Neptune and Pluto in this historical panorama at the dawn of the 21st Century.

Since January of 1979, Pluto has been closer to us than Neptune. Because of the Pluto/Neptune Shift, which occurs only once every 247.8 years, we are alive in one of the very few human generations which will witness Pluto's perihelion (closest approach to the Sun). The last generation to experience this event was alive in the middle of the 18th Century in what was called the Age of Enlightenment. But, since Pluto was only discovered in 1931, you and I are the very first generation to experience this event and to be conscious of it as well.

My research has led me to the discovery that these periods, when the Pluto/Neptune Shift is in effect, are periods when great Renaissance occur on Earth. This time the Pluto Neptune Shift will be in effect from 1979 to 1999 and I have been fervently researching and speaking about this unique phenomenon which is remarkably clear in the human record. Now, as I look at 1984, I see the beginning of a whole new stage of the Renaissance beginning to unfold.

From 1979 through 1983, Pluto has been in Libra and Neptune in Sagittarius. In all honesty, this has been a period in which the great white patriarchs of the Northern Hemisphere have risen in a glorious crusade paid for by the sweat and hard labor of the so-called "third-world" nations. However, the Great White Fathers and the Great White Mothers have passed their riches into the hands of their slaves in order to have the luxuries of power of the earth's resources. And they have given to the workers much less than they deserve. Whether it has been enough or too little, this is not the real question. The real question is what happens when the "third" world earns its way into the "first" world. I predict that it will start an era of CONTEMPORARY PRIMITIVISM!

From 1984 until the mid-1990's Pluto will transit Scorpio and Neptune will transit Capricorn. I believe that this will be a period of time in which technological democracy will be refined to a point where all humanity will be able to participate in the management of the planet Earth. Wow! What a fabulous idea. But an idea like that may take another ten years to accomplish. Nevertheless the very first steps in this direction will be taken by the likes of people such as Jessie Jackson, who's Black Party campaign in 1984 will awaken the darker races in the world to more of their democratic power than ever before.

A tremendous surge of creative energy will run through the veins of the non-white races of Earth, the so-called "third-world" countries. The Nordic whites will pack up their sterile lifestyles and prepare for a wave of PRIMITIVISM much grander than a simple invasion of barbarians. The white races with their vengeful and cold gods have ravaged this planet with their armies. Ice-cold atomic warfare is the blight which they have brought upon the earth. The historical whiplash which has been expected is clearly upon them in 1984. White folks haven't seen anything like this since the 1830's, just before the American Civil War.

Contemporary primitivisim will invade the democratic marketplace in dimensions which have never been imagined until now. Art, fashion, and music will turn to the primitive cultures, the ancient tribal taboos, the mysterious cult magic, the haunting rhythm of the darkness. The power of the shaman to cause ecstacy and hysteria with his art, the power of the drummer to drive the dancer into catatonic bliss. Now that's CONTEMPORARY PRIMITIVISM!

Furs and skins, wooden houses, smokey rituals, and worship of the beasts. Neptune's transit through Capricorn will put to rest the white man's gods of vengeance and hate, and elevate the beasts, aye, the sacredness of Nature herself. Worship of the Dirt, rather than Worship of the Sky. This shall be a cleated and marked trend through the rest of the '80's and the early 90's.

The powerful rhythms of the art and music coming from the southern countries of the world shall dominate the marketplace for the next ten years. Strong rhythmic dancing, dancing to rituals in the darkness of the night, group noise-making, and earth goddess worship. The sacred knowledge and rituals of the shamans will rise again out of the darkness and the world of nighttime will be safe again to live and play in.

I can clearly see a situation, in 1984, in which the military finds itself being voted down by the general population, but moving, nonetheless, to assert itself on the playground of Earth. Somewhat like a big bully who wants to have it his way. He gets his way through 1984 on mere threats. But by the end of the year, the Military Bully will find himself standing all alone, exposed and ridiculed. His bluff was called and he turned out to be a sissie! Good for him, but bad

for us. Don't be a bit surprised if the Military Bully throws a few last punches and actually hurts a few by-standers. Remember that the military's bark is much louder than its bite. We'll be able to retire that entire system soon enough. Our one and only purpose is to preserve precious democracy from the militarists; so during this next year, it's time to construct the framework for international democracy. Let's start counting our votes more efficiently and more accurately especially since they will be so intensely threatened by the Bully in the crowd. By the end of the year we'll have enough reasons and enough votes to put the stupid jerk out of the game altogether.

In order to be completely fair, I must conclude this article with some frank and not-so wonderful news about the weather. At first I want to make sure that you realize I believe the weather is on our side. Simply, the weather is going to get so bad over the next 10 years, there just won't be any more time to play war. War is a fair weather sport. Starting in 1984, the earth will begin to shake and rumble and rain and freeze in ways which few other generations have ever experienced. The radical changes in the weather patterns may cause severe damage, and the military will have to be called in to rescue the community's homes and villages. In a sense the earthquakes, landslides, and volcanoes are coming in the next ten years on this small planet. Yet the will to survive brings all human beings into a closer and more intimate relationship with each other. Although there will be many religious leaders and fanatics claiming that the vengeance of god has come upon the human race, this is surely not a time to repent. I personally see the conversion of the military into a civil service organization as a direct result of necessity. The weather rules! And the skies will be dark! And the clouds will linger for 5000 days.

I have tried over and over again to make this article more palatable for the "commercial marketplace" and more than once it has been turned aside by editors who say: "Its too negative! It sounds too depressing! People who read astrology are looking for something more romantic." There's nothing terribly romantic about 1984. It's not exactly Orwellian and all colored cement-gray, but it's darn close. What I plan to do with the time, since I'm an astrologer and a progressive, is to be as attentive to my social rights and responsibilities as possible. If you've been on the side of human rights and global disarmament like myself, you may have to face some of the more gruesome realities of dealing with megalomaniacs. Let it be known far and wide, nonetheless, that this year of 1984 is merely a stage upon which some incredibly miraculous scenes in history are about to be shown. In 1985, Reagan's bureaucracy will topple just like Nixon's; Nixon and Reagan will go down in history as the "Carbon-Copy Presidents". After the nuclear travesty of 1984, the clumsy military monstrosity will stumble over its own embarassments and the consumers will fully realize that their investment in the military's magnificient flying machines are pure folly and waste. By 1985, international democracy will have anchored itself in many new nations on Earth and the votes will be in favor of abolishing the wasteful military projects altogether. And by the end of the decade, Earth will be free from armies and bombs and weapons, all the human inventions of hatred, for the first time in all time.☆

If you have any comments or would like to connect with the person who wrote this article, please write to: Deja Vu Publishing Co., P.O. Box 552, 1339 Lincoln Ave., San Rafael, CA 94901. Your letters will be forwarded to Robert Cole for his personal reply.

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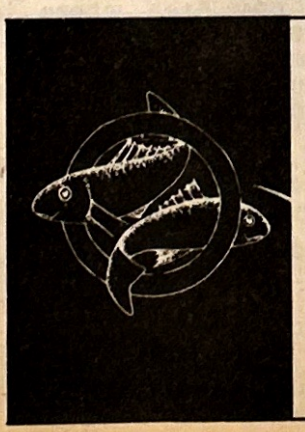

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A PSYCHIC LOOK AT 1984

On December 16, 1983 Deja Vu Publishing Company sponsored a 1984 Prediction Party. Invited were the psychics from the Berkeley Psychic Institute, seminary of the Church of Divine Man. After a short period of socializing, the psychics sat down to go into a trance state (an altered state of consciousness) and take a clairvoyant "look" at the year we've all been waiting for - 1984.

NATURAL FORCES

* There will be some earthquake activity in the Asiatic area, China and Japan.
* Seismic wave will hit Hawaii in March, Alaska in July.
* There is some earthquake energy coming from Peru or somewhere in South America. The southern United States may be caught in this energy, Texas and Los Angeles. The Panama Canal might have a big problem.
* There are waves of energy coming up the Sacramento Delta into Sacramento and maybe further. Something rattles, grumbles, and shakes all the way up that area.
* A bolt of energy spreads south along the the East Bay. The geologists will be shocked because it will not go along the San Andreas fault. It will go towards Tahoe.
* There will be a rumble over by Carmel and inland extending about 200 miles.
* There will also be a tremor from the Alaskan range towards Seattle near the coast, turning inward to Tacoma and down through Shasta and Lassen to the Bay Area where it will lose power. These waves will affect the entire fault system in Northwestern America, causing quakes from eastern Montana through northern New Mexico to Southern California.
* There is mountain building going on below the surface of the earth. When these quakes appear, the edges will push up.
* There is an island forming between Japan and Hawaii.
* A shift in the Continental Shelf will have an effect on Hawaii and all of the Pacific islands.
* There will be hurricanes and washouts that affect the Mexican coast. As a result the Mexican agriculture will improve as more land turns green and useful.

THE 1984 ELECTION

* A lot of money for the elections will be pouring in from Japan.
* A California power pocket has been developing over the years. It has been up and coming as far as power in the White House, but there is going to be a delay in California getting control of Washington politics because of the situation with Cuba. There will be an east coast "fly by night" presidential candidate in an attempt to shift the power bloc back to the east coast.
* A lot of money will be behind the east coast candidate/puppet. He is young and a newcomer, sporty.
* There will be a lot of American Spirit in the upcoming election.
* Rev. Jesse Jackson will be shot around October.
* John Glenn will influence American thought, ideas of responsibility and moral considerations.
* The Democratic party is going to blow it so badly that a third party will be formulated, headed by Carter. He has a lot of information and backing. They will back Mondale as a candidate until he embarrasses them.
* There will also be a fourth party that the Communists will back with a lot of secret money.
* Someone important will be coming out of Oregon.
* The Pentagon and the CIA are causing a lot of little conflicts, subversive stuff to keep the media attention off the areas they are really operating. They're starting to work on China. Reagan is right in the middle of it. He has been a useful puppet, but during the election, he blows it in a major way.
* Reagan will have some severe physical problems, around the kidney area. The CIA will have something to do with him becoming ill.
* Reagan will get out of control due to his illness which causes an imbalance in his body, affecting his mind. He will ignore his advisors and get into a lot of intense personal confrontations.
* Senator Howard Baker becomes Reagan's running mate, and when Reagan dies, there's your dark horse.
* Russian energy will influence the election, especially in Florida where a mini war will take everyone's attention off the election. It will have to do with the Haitians. The United States will become divided from the rest of the world.
* There are problems with the United States looking at elections in terms of other countries' influences. The CIA and the

Alien energy programming world leaders

Pentagon are saying "enough is enough." The heads of those organizations are working together to end this.

* Countries that will benefit by Reagan's election: Russia, Saudi Arabia, Ethiopia, El Salvador.

* Countries that don't want him elected: Canada, France, England, Africa, Norway, Sweden, Switzerland, the Netherlands, Australia, West Germany, the Far East.

* If Reagan is elected, the CIA incursions into Africa will be stepped up.

* If Reagan gets elected, there will be a major agitation between churches. This is where there is an affinity between him and

Assassinations at Olympics causes International incident

the middle eastern countries where there's a lot of religious upheaval.

THE UNITED STATES

* Some of the Caribbean countries will petition the United States to become states.

* Someone will be assassinated at the L.A. Olympics. It will become a major international incident.

* The United State's relationship with China will deteriorate.

* During the Olympics, a female Russian swimmer will face phoney drug charges.

* There is an ornate oriental spy network being built through the automotive companies where they are really able to get into some high echelon positions throughout the entire country. They're a little bit on edge and they have been set back a lot simply because of that Silicon Valley, IBM goof-up where there was some stealing. They're going to curb that heavily because they're really setting up the country for some pretty big things in about 1988.

THE WORLD

* There is a lot of energy coming out of Ethiopia towards the Middle East. It seems to be aimed at stirring up trouble.

* There is a young man born about 20 years ago who is just starting to reach out. He is a big ball of energy, a big star. He lives on the border of Ethiopia. He has probably the greatest psychic energy on the planet. He will be headed this way soon.

* The Ayatollah Khomenini will come down with cancer on the lower left side of his body. He has a year or less to live.

* A lost city with an airstrip and something that fell from the sky will be found in Mexico. It is a large hexagon or octogon structure deep in the earth. There will be a mate in the Santa Cruz mountain area, the same configuration and symbols.

* Airports in the east and Europe need to be monitored very carefully. The double spy agent game is very dangerous right now and there is no hesitation to kill those who interfere.

* There is a new energy force being developed quietly by some third world scientists that will nullify the atomic level.

* A nuclear explosion or accident will occur in India. The major problem will be the water being poisoned.

AND BEYOND

* It looks like there is a new energy from outer space, a dematerialization. It causes a mass hypnosis.

* There is an intense alien programming being beamed at world leaders. It's part of an experiment to see if human beings will destroy themselves. It accounts for this whole level of why we're always on the brink of nuclear war. It is a step up for the aliens if they can destroy our will to live.

* There is a heavy yellow energy coming from above us, an alien energy. It is a group that sets up things happening that the U.S. blames on the Russians. The same thing is happening to the Russians.

* There will be an energy breaking in 1985 or 1986 that will give us information from the ocean, particularly dolphins. This will have an enormous calming effect.

☆ -Compiled by Darla Christiansen

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Psychic Questions & Answers

by Francesca Biondo

Q. Is a person who has been given a "Psychic Cop" always one who has been 'bad' in a past life?

A. No. A Psychic Cop is a spirit given as a guide to help keep you on a straight and narrow path. There are many reasons to have a Psychic Cop. One can be that in a past life or lifetimes you were a powerful person and used your abilities to destroy. In general, you had a great time orchestrating strong negative forces. This being the case, a higher force (Supreme Being, Cosmic Justice, etc.) requested that you be "watched and policed" by a guide. This guide is as much there to keep you from harming yourself, as well as the energy of the planet and people. Often, this type of guide acts as a barrier between you and information that is similar to your past life destructive tendencies. You might block out or forget pieces of conversation. On the other end, people who talk to you may experience you as unable to hear, ungrounded and even find they blank out when talking to you. A second reason to have a Psychic Cop is for self protection. If you've been abused, surrounded by adverse situations, attract disasters, etc., you may need a Psychic Cop. In this role, the cop keeps you from harm and creates a psychic fence around you which indiscriminately keeps energy out of your space. A person communicating with you is affected by being pushed away or the attitude "why bother to explain this or that to him, he wouldn't understand anyway."

A Psychic Cop is relieved of duty after the original karmic lesson, past or present life, is learned, or the harmful situation has passed.

Q. What if you don't feel an aura until you're inches away from the body?

A. Stand in front of a person, put your hands up and slowly walk towards them until you feel the aura. The size of an aura can vary from right next to the skin, to many feet wide, sometimes filling up a whole room. (This type of person is described as either a "magnetic personality" or an over-controlling bore!) People are affected consciously or unconsciously by this electromagnetic field around the body. You become familiar with a person and you also identify a certain feeling with them. This is the auric energy emitting, like sound waves, light rays, movement vibrations. You feel this stimulus and connect it as part of the personality. You've probably heard such common remarks as; "Tim feels alive and vibrant today," "He feels closed down and protective," or "She always gives off a feeling of serenity and peace to those around her." These are descriptive phrases, that also suit what a psychic reader might see or feel about the person's aura.

Generally speaking, when a person's aura is 3 inches around the body various situations are occurring; sickness, creating a lowering of vitality energy; protection, pulling in your energy and wrapping it close to you like a security blanket; ungrounded, you the spirit not enough in the body to extend spirit vibration past a few inches.

Q. According to some people we should not meditate all the time, such as when driving. Yet others say we can do it all the time. One of the fears is the possibility of hitting a level of unconscious energy while driving. I would like some feedback.

A. As a student of meditation practices, there are levels of growth passed through at various times, but not always a continuing upward growth. Sometimes you return a few rungs down on the ladder to recall or reflect. Some steps on this meditation ladder focused on more than one thing at a time. At one step, you may be able to mix meditating and driving, (can you get a traffic ticket for this?), but not meditation and talking on the phone. In beginning steps you analyze the process so much, most of your attention is needed at that point. You haven't learned to chew gum and walk at the same time. At another step, you are so engrossed in the centeredness of the process as to block out all outside stimulus, like being so absorbed in reading a book in a park you don't hear an approaching person talking to you. This step would be a driving and meditating step. You know a soup recipe so well you can prepare it perfectly without directions or measurements and talk on the phone and watch television all at the same time. That's when the step is familiar and a person doesn't need analytical input or blocking out of stimuli. ☆

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PSYCHIC CHILDREN

Past Life Replay

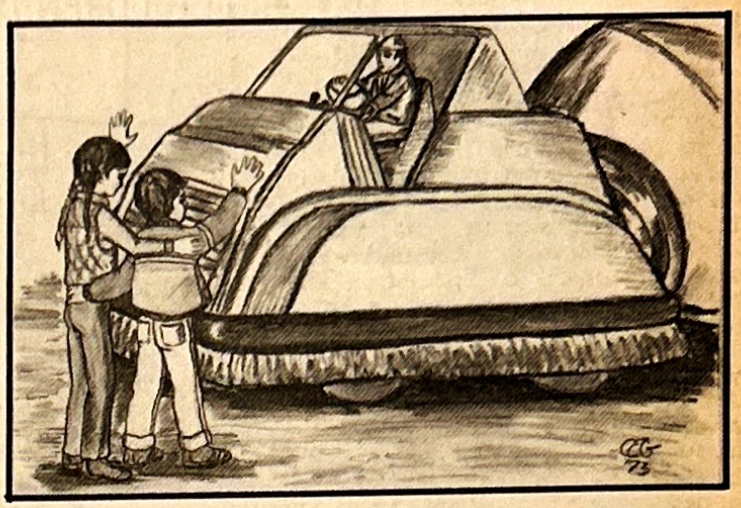
by Mary Bell

It was a warm autumn day and I found myself in the backyard of the Yin Yang Seminary with eight children. All of a sudden I was at the back gate that leads into a park. "Let's go for a walk", I called to Roseanna, another teacher, and to the children.

Walks in the park are usually planned, equipping each child with a bag to gather treasures of acorns, buckeyes and leaves for later displays. But on that day, I found myself opening the gate for a walk that would prove to be a miracle.

Along with me were 3 year old Lisa, and her brother, 18 month old Scott (not their real names). We walked down the lawn and into a large brick circle to play a game of Follow the Leader. Off in the distance, perhaps 30 feet away, was a leaf collecting machine, driven by a park service man. All of a sudden Scott left our circle and walked two or three feet toward the machine, fascinated by the machine. I watched Scott as he gazed at it, then I heard his sister's screams of anguish. "No, don't go! Scott no! Come back! Please come back!" At this point, Lisa had run up to her brother and began dragging him across the lawn. Scott was furious at being disturbed and yelled his protest. All of a sudden I was aware that I wasn't confronting a 3 year old child, but a spirit in the throes of a past life. Lisa was a mother in her thirties, screaming to her child as he stared into a wheat thrasher bearing down on him. She was too late to save him, and the leaf machine had stimulated his death to her. I calmly picked Lisa up as Scott ran off to play, and began talking about the past life I had seen.

"You remember having another body. I see



Scott was your baby then. Did that machine frighten you?"

We talked calmly and I asked Lisa to begin putting the energy of her past life into a rose and destroying it. We talked about how Scott had a new body now and didn't have to lose it that way again. In about ten minutes Lisa was back in present time, a laughing 3 year old. I asked Roseanna to walk back with the other children, as Lisa and Scott and I walked up to the leaf machine. We calmly talked about how the machine picked up leaves and kept the sidewalks in the park clean. I returned with two happy children and a miracle I won't forget. Was it by chance we just happened to walk in the park that day? ☆

(If you have any miracles that you have experienced with children, please write Rev. Mary Bell at Deja Vu Publishing Company, 1339 Lincoln Ave, San Rafael, CA 94901. Please share them with us. ...editor.)

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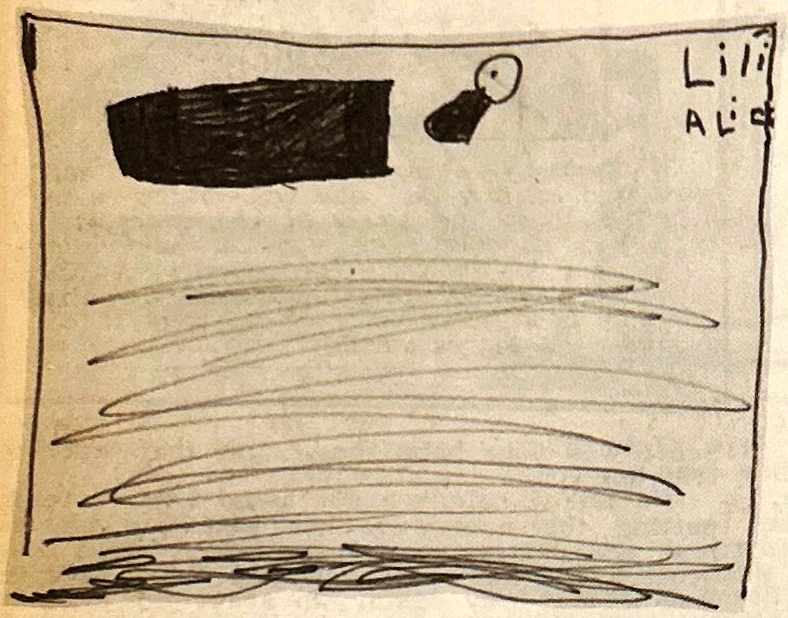
KIDS IN THE NOSE

by Kaye Rose and the students of Yin Yang Seminary

The children attending the Yin Yang Seminary for Psychic Children in Santa Rosa, were each given a bottle to smell by their teacher, Natasha Smith, but they were not told what was in the bottle. They were then asked to draw a picture and make a statement about how it made their body feel. Some of their drawings and statements were puzzling until psychic, Kaye Rose, went into trance to read the energy of the drawings.

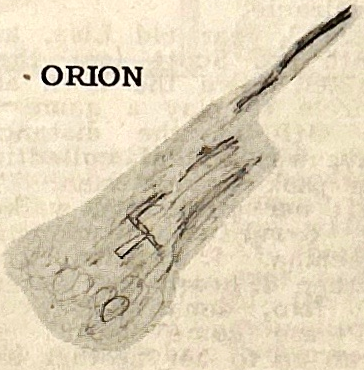
PSYCHIC CHILDREN DRAW WHAT THEY SMELL



LILI
"toothpaste"

LEMON

Picture by: Orion • I see a tooth in Orion's picture. In past lives he used the lemon for cleaning his teeth and mouth; toothpaste is the present time picture. (Note: Four of the ten children said lemon smelled like toothpaste. It is interesting that lemon has been used to clean teeth for centuries....editor)



ORION

SOLOMON
"toothpaste"

Picture by: Orion • This picture is of past time energy when his body had a fever (or another being was in his body). The garlic smell stimulated his own body healing energy. He was aware of a time when he was invaded and used it to get his space back. (Note: Garlic is used by some psychics as a protective from "psychic attack" or "space invasion" ...editor.)

GARLIC

CISCO
"gross"

ORION
"hot"

CHOCOLATE

Picture by: Jesse • Very simple -- this smell lit up the picture of a birthday cake and a happy time. The energy was so clear that he even saw the color of the candles.

JESSE
"chocolate cake with blue candles"

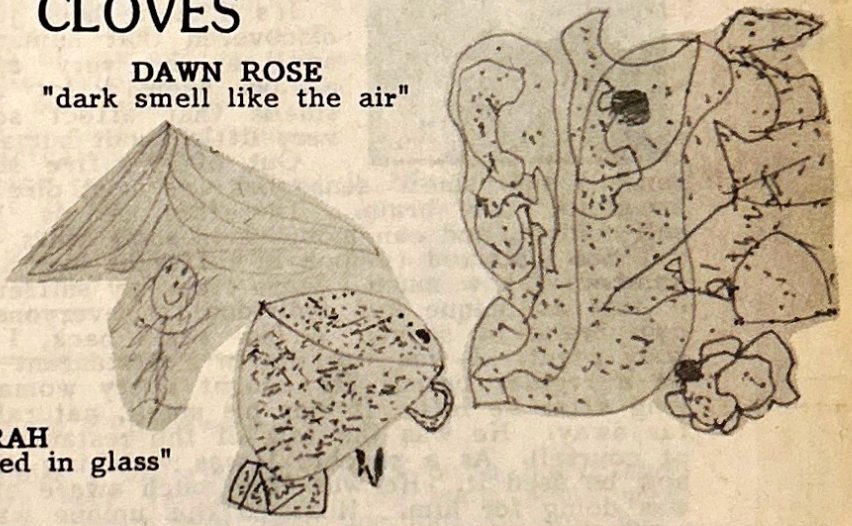
SOLOMON
"hungry"

Picture by: Cisco • In this picture I see Cisco leaving his body to get the taste as well as the smell of the chocolate. I see chocolate as way to help him ground his body. The energy in his picture is in total enthusiasm. His body responded with, "Yea, give it to me -- it tastes good!"

CLOVES

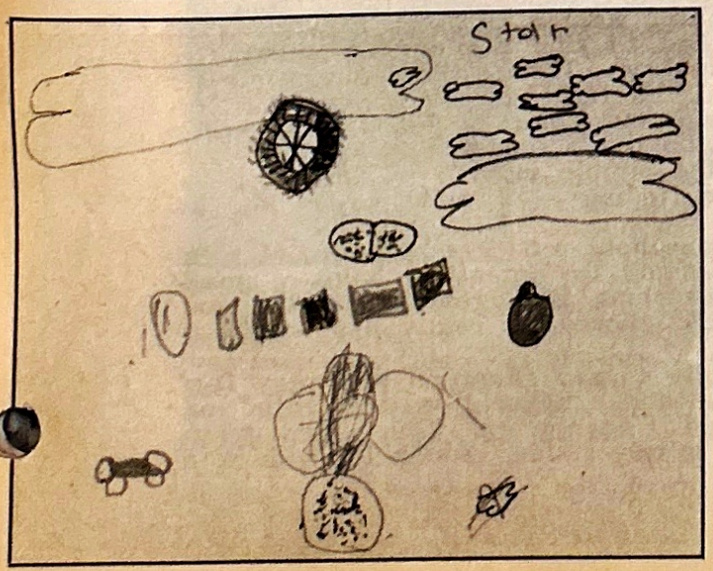
Picture by: Dawn Rose • I see Dawn Rose in the left corner of this picture and the rest of the drawing is of a being whose energy is around her. She felt this energy as "heavy" or bigger than she was. Her body responded to a time when she might have had a cold or the flu (people or energy in her space which was not hers and made her sick.) (Note: Clove is a known aphrodisiac. It's often used for head colds, influenza, and to relieve breathing difficulties associated with respiratory tract infections. ...editor.)

DAWN ROSE
"dark smell like the air"

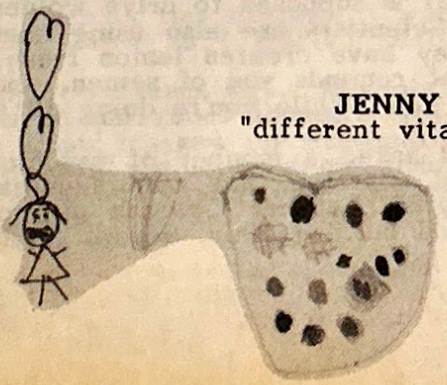


SARAH
"person buried in glass"

FLOUR



STAR
"herbs, vitamins, bones, eggs"



JENNY
"different vitamins"

The Psychic Nose Knows

When asked how they used their sense of smell in conjunction with their psychic abilities, Lorna Gmelin, Jacquelyn Smith, Carmen Figueras and Julie Woodland, Bay Area psychics (see them listed in the Spiritual Marketplace), gave us the following stories.

by Lorna Gmelin

Smell is something that is not a widely renowned subject. Unless, of course you're buying such things as deodorant, air freshener, breath mints, body odor, etc., to cover up bodily smells. How often have you heard someone say, "Wow! That man sure smells dreamy." You find people more apt to brag about their 20/20 vision than their sense of smell.

It's actually been just recently that scientists have discovered that humans have a keen sense of smell and can be very affected by odors. There has always been a lot of research done on chemical smells that affect sexual behavior in animals, but very little about human's sense of smell.

Out of the five senses (six counting the psychic sense!) the "smell" sense has the most direct connection to the basic drive areas of our brain. Therefore, it is the least subject to rational self-control, and can move us in some ways without our ever realizing it.

Since I started to look at different bits and pieces about smell, I've been amazed at how much I learn from my sniffer.

Just as unique and individual as everyone is, they also have their very own brand of scent. A few years back, I witnessed an extreme case of body scent. I was working in a restaurant and a man started to come in on a regular basis. He caught every womans attention and left his mark long after he left. It was his smell, natural body odor, and you noticed it far away. He was the talk of the restaurant for weeks (among the women of course!) As a psychic I was watching what he created for himself and how he used it. He was very much aware of his actions and what his scent was doing for him. He used this unique way to fulfill all of his mother's goals for him. At the same time he couldn't handle all the attention. Actually it's a very creative way of controlling women.

Perfumes are researched and re-researched to find the perfect scents to fulfill passion, romance, innocence and sexuality. There's a great article in Vogue Magazine, May 1983 that gives you the right perfumes to wear for different times of the day, areas of terrain and color of hair. It's really down to a science! Ambergris is a substance that's found in some perfumes and is known to be an aphrodisiac. For the simple minded -- ambergris is whale oil. (Which reminds me of another finding -- a male sweat hog in heat is supposed to drive women wild!)

Scientists are also using chemicals in household products to promote sex. They have created lemon fresh Joy Dishwashing Detergent to have a smell that reminds you of semen, and Ajax Dishwashing Detergent to remind you of gin. While you're doing all your household chores it's really like having a party!

I asked a number of psychics what smells turned them on and very few said anything that was chemically made, although several women voted on English Leather Cologne and one man said Channel #5. They liked fresh wood burning, rain, ocean, fresh cut okra, grassy fields, french food (duck a

la orange), damp mushrooms, sweaty bodies, fresh garlic, leather, tropical flowers, 30 wt oil, lemons and oranges.
What smells do it for you?

---

by Jacquelyn Smith

I awakened one night because I smelled Aramis Cologne. After six months of his absence, how did he sneak into my apartment in the middle of the night? Startled, I flicked on the light and found myself alone. From where had that scent come?

Or there's the smell of stale beer as you're getting your aluminum cans ready for re-cycling or the smell of cigarette butts in nearly empty whiskey glasses that can conjure up all the memories and experiences of the night before. Why do these odors leave us with a sense of malaise or even of craziness.

Our olfactory sense (the sense of smell) is one of the most sensitive of all our senses. Odors, it seems, are accurate recorders of experiences. Many of us sense certain odors which can trigger recollections of previous pleasure or agonies. And once triggered, we tend to relive these experiences, complete with all the emotions that accompany painful or pleasurable occurrences.

I confessed that Chaps cologne drives me nuts. It was what he always wore and even a year later, it still sends me into a fit whenever I smell it. Some other scents that repelled me are the smell of the Dial Soap my mother always used to bathe me and the smell of the slaughterhouse which always met me as I descended from the school bus everyday as a youngster. I noticed that much of my energy was still involved in solving the problems that these scents brought back into my awareness. The relationship that never worked out, and the dread of returning home are stimulated by the odors related to that experience. The scent of Dial Soap is as powerful as my mother's actual presence.

So whether an odor brings back pain or pleasure, it often reminds us of our own life force energy that is still involved in an event of the past. Often we are haunted by that experience because of something that has been left unresolved or unsettled. Acknowledging the existence of that energy and retrieving it for use today can help calm that sense of craziness odors seem to carry with them.

---

by Carmen Figueras

As a child I experienced smells on a body level. Some were very validating to my body; some were not. Some smells will take me out of my body, some will bring back memories of different times and spaces. Growing up in the country, there was a great variety of smells, and I had a great awareness of them.

While in Europe, I traveled a great deal and after that a smell (food, spice, flowers) would be all I needed to go back on a energy level to the country I had visited. While in Greece a lot of smells that I experienced had a certain "DEJA VU" quality Since I had never been there in this lifetime, I was a little puzzled until years later as I started getting more answers about smells on a spiritual level.

The most vivid experience happened a couple of years ago. One day I became aware of a very strange smell (decayed meat). I thought that it was just something "in the air." After a few hours I asked my roommate if she smelled it. She did not. At times that smell would be more intense, but still no one as aware of it. I decided to start playing with it, and I realized that only one of my nostrils was "smelling it."

Five days later, as I was getting a psychic reading the reader asked me if my nose had been bothering me. That's all I needed to get my "sanity" back. I explained to her what my life had been like for the last few days. She started looking at the energy around the smell. As a child (4 or 5 years old) I had fallen down the stairs of my parents attic and landed on my face, smashing my nose and biting my tongue.

What she saw was that as a spirit I was knocked out of my body and another spirit came into my body. The smell was the other spirit's energy manifesting in my body. As I was opening up on a psychic level, I was also opening up on a trance medium level, and the smell was just the energy from that spirit being released from my space.

Since then I have been using my awareness of smell as a tool. People will get in my space on a trance medium level and I will identify them by their body smell. I then just have to say "hello" to their energy to be able to let go of their attention and rid myself of the smell.

---

by Julie Woodland

The sense of smell is many things to many different people. A wine taster relys on his nose as much as taste. Blind children are taught to use smell to learn, smell a lemon -- this is yellow. You may depend on your nose to tell what foods are no longer fresh in your refrigerator.

I have always had an acute sense of smell, smelling things long before anyone else. Which could be a gift if it enables you to smell the fresh scent of the ocean further away. However, it is not such a gift when you find that you are always the first one to smell the skunk when driving down the highway.

While training to be a clairvoyant, I expected to see things differently than I first perceived them. I expected to see an aura like a rainbow painted around someone. I was dismayed when this wasn't always the way it was. My teacher would ask me to read an aura, the energy field around a person, and she would say "what do you see?". I replied "Nothing", still waiting for the rainbow to appear. I was devastated, it didn't bother her in the least. Next she asked me what information I was getting. Well, it finally occured to me that energy and psychic information appear in many forms other than picture perfect. Energy can be felt with your hands, you can hear information psychically and you can smell energy.

My psychic abilities were opening up and so was my nose. In psychic readings, scents would come through the room. It finally occured to me that smelling energy was something I had been doing for a long time. As a child, when I was ill, I complained that my body smelled foul. No one else smelled it. This experience was sensing the smell of illness on a psychic level. There were times when an odor would stay in my nose for days. It wasn't just the odor though, it was the energy that stayed with me.

As I developed my clairvoyant abilities, I could better recognize the unusual scents that passed my way. My friend's mother died several years ago. Her spirit would come to visit us. She died suddenly and unexpectedly of a brain anurism. So she visited often as she hadn't entirely figured out she was dead. The way I knew she was in the room as a spirit was her scent. I could smell her favorite perfume in the air. We would say hello to her and remind her she had died and no longer had a body. Sometimes we would give her a healing; eventually we had to ask her not to come by so often. As a spirit she could have more interesting things to do. Anyway, I was never fond of that brand of perfume.

Another thing I could smell was disease in people. While working in a medical clinic, I took note of the way different diseases smelled on a psychic level. The most pungent one was cancer, it smelled of decay. The people we saw were in the very early stages of their disease or yet undiagnosed -- no one else smelled these things.

Sometime ago I asked for help to turn my nose's psychic smells down a bit. It had become too overwhelming to walk down the street and smell everyones problems and illnesses. I just enjoy the scents of flowers and fresh rain and everyday smells now. ☆

Male

Female

The Odor of Responsibility

The nostrils of the male body, flared or otherwise, are the detectors of smell. And, it is this sense that will lure you to or propel you from people, plants, animals, barbecues, locker rooms, stretches of highway, or chemically-treated leisure suits.

The nose knows, as they say.

Smell, as with the other four senses, finds a place in your memory banks as a picture. For instance, the smell of a burning cigar odor may remind you of your father (for some of you, your mother). The cigar odor also may call up a special summer vacation you had, or perhaps, a great evening on the town.

As the picture attached to the smell varies from individual to individual so do the likes and dislikes of the smell. Maybe a man can't stand perfume because the pictures are so bad. Maybe, when he gets a whiff of strong perfume, all he sees is a woman who is always angry at him. So he either steers clear of the smell or wears an oxygen mask.

Another barometer of smell is your body. Does it turn you on or turn you off? Whatever the case may be, the aroma of home-cooked apple pie and the scent of transmission fluid incite a different reaction.

In a male body, you may experience less sensitivity to smells than a female body. A female may increase her sensitivity for protection or creation of her reproductive physiology. Perhaps this is why it is easier for a man to smoke cigars, breathe exhaust fumes and shovel manure, if need be. Concern for bodily safeguarding is less important.

Finally, smells are embarrassing (not to mention, highly amusing). When a foul odor is noticed amongst company, we pretend that it doesn't exist. Sometimes we apologize for it, as though we committed some horrendous crime. It becomes very serious. And what happens when we're told we have bad breath or "B.O."? The amusement goes out the window.

Smell is a great sense. It reminds our spirit that we took a body for a little amusement.

☆-Phil Cullinen

(Carol McCarthy is the Director of the Berkeley Psychic Institute of Marin. She is also a graduate of the Women's Healing Program and enjoys her work with women. Phil Cullinen is the Director of the Berkeley Psychic Institute of Palo Alto. He is actively involved in psychic healing, reading and training. ...editor.)

(Due to a fire at the Berkeley Psychic Institute of Palo Alto, all calls and activities are being referred to BPI San Jose. Call (408) 298-6443 for information. ...editor.)

Women and smell. The first thing I think of is cooking, babies, and perfumes. All three from the level of guilt and responsibility. "I must be the kind of wife who can cook to please her husband, who can keep her baby clean and happy and smell like a flower myself (preferably a gardenia)." But what if I don't? At least what if I don't 24 hours a day. For instance, my aunt feels such responsibilty that at 5:30 am she gets up; to do her laundry, bleach, detergent and fabric softener. Well, one day many years ago, my sister and my cousin had a water balloon fight and broke the balloons on the clothes as they hung out to dry. My aunt cried all day. She felt so much responsibility to her family to have fresh clothing that she couldn't handle the "hard work" it took to accomplish this task. As women, we are not only responsible for ourselves smelling sweetly, but our whole family!

As a little experiment to get rid of these concepts of responsibility, I began to think of what makes me feel good instead of responsible. Using my creative energy to heal myself in a fragrant bubble bath, baking pies and cookies with my niece, eating pies and cookies with my niece! Smelling the trees on walks, or freshly cut flowers in my home. There are present time smells such as these and past time smells such as "remembering" a smell from childhood. Can you be amused and bring your information and emotions into present time? Letting go of these old "picture pictures" through smell is taking a big step forward into present time.

The planet is full of glorious smells that we create around us and that are naturally around us, the smell of the ocean, of rain and fresh cut grass on a sunny day.

I worked with a special child for several years who was echolalic. He never spoke on his own, but only echoed people around him. The first words he said on his own were "Joe, the night smells like the roots of trees". It had just stopped raining.

☆-Carol McCarthy

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The Smell of Nostalgia

by Darla Christiansen

Walking in the rain, leaves scattered over the ground, being kicked up in little flurries as we stroll hand in hand, talking, getting to know one another, falling in love. The smell? The smell is hard to describe -- rain, wet dirt, clean and musky at the same time. But you know that smell; it is the smell of autumn. For me it is the smell of falling in love. Every year when the rain and the leaves begin to fall, I fall in love with my husband all over again.

Almost everyone experiences these nostalgic smells; smells that take you back to a time and place in the past. That psychic tool, your body, remembers that smell, matches that energy level and out come the pictures of the time when:

*you drove to grandmother's. She met you at the door in her calico apron, smelling of flour. Through the open door you smelled the aroma of baking bread. You knew she timed it just for you and you got the heel, warm, with lots of butter and her homemade strawberry jam.

*the sun was shining on one of the first hot days of summer and you smelled the grass as you rolled down the hill giggling with your little brother, grabbing at the dandelions.

*you sat in the classroom on a long rainy day. Finally the rain stopped, the recess bell rang and the whole class charged out of the stuffy classroom and out onto the playground where you smelled the rain on the asphalt and enjoyed splashing your feet in the puddle of rain water beneath your swing.

*you polished your father's shoes and the smell filled the kitchen and you felt busy and happy, and you knew your dad would come into the room any minute and ruffle your hair and tell you what a great job you were doing.

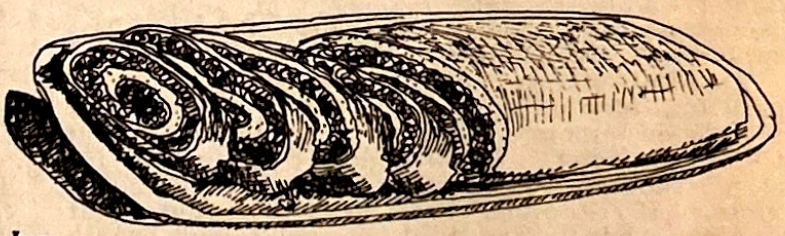
*you had a bad dream and called out in your sleep. Your mother came in your room and took you in her arms. You felt the warmth of her body and the smell of her perfume and you knew it was safe to relax and go back to sleep.

As I ask people to share some smells they remembered from the past, I got these answers. Perhaps just reading them will bring back some memories and smells for you. No, it doesn't have to be raining, the oven can be empty, and your mother can be 800 miles away. Still, your psychic body may have stored that smell and you can be aware of the energy in those experiences.

Smelling is a psychic experience, and several psychics have shared the following recipes that recreate childhood pictures or emotions. One shares two recipes that just smell good.

These recipes are guaranteed to titillate the senses - both taste and smell:

Recipes With Aroma



Hungarian Beighe

*from Lenka's grandmother

Dough:
1 C flour
1 1/2 p. c butter
2 T sugar
lemon rind
1 yeast cake
2 T milk
2 T sour cream
a little salt
3 egg yolks
1 whole egg

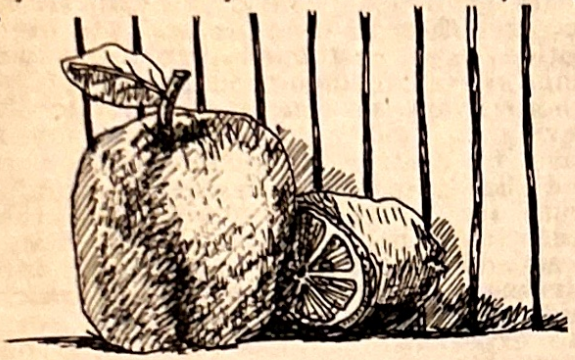
Mix butter and flour well. Meanwhile melt yeast cake and milk and a little sugar, let rise. Add to flour 3 egg yolks, sour cream, sugar, lemon rind. Knead thoroughly. Cut into 4 pieces. Shape into square 1/4 inch thick. Spread on filling. Turn in outside edges to keep in filling. Pinch each end in.

Filling:
1/2 t cinnamon
1 C ground walnuts
1 C sugar
1 T honey
lemon rind finely grated
juice of 1/2 lemon
1/2 C raisins
2 C milk
1/2 t ground cloves

Cook in sauce pan to make thick, moist but not too moist. Spread like thick jam, let cool. Add 1 medium sour apple just before spreading filling on dough. Bake at 375 until brown on top, approximately 40-50 minutes. When rolls are done brush top with well beten egg yolk, let stand 20 minutes, brush again.

Lemon Apple Sauce

*from Kirk
3 lbs Pippen or Granny Smith apples peeled, cored and quartered
1/2-1 C brown sugar
3/4 C water
Simmer uncovered for 1/2 hour or more, until mushy.
Add juice of 1 lemon
1/4 t cinnamon
1/4 t nutmeg
2 T butter
Mash as you cook so you don't have any large lumps.



Bread

*from Julie's grandmother
4 C scalding milk or water
4 T sugar
4 T shortening
1 1/2 T salt
1 cake yeast dissolved in 1/2 C lukewarm water
12 C flour
Put sugar, shortening and salt in mixing bowl — add milk when lukewarm. Add dissolved yeast. Stir in flour until the dough is smooth and springy. Brush dough with lard. Cover and let dough rise until double in bulk. Cut down and knead slightly. When again double, make into loaves. Let rise until double. Bake at 400 for 10 minutes. Turn down oven to 350 for 40-50 minutes.

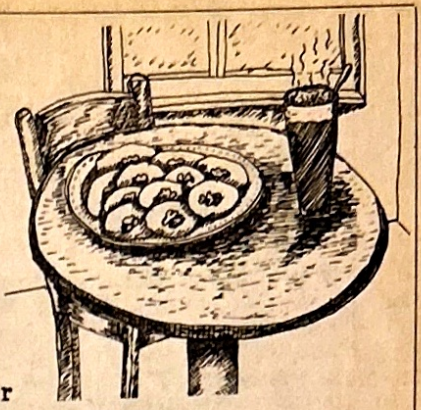
Molasses Cookies

*from Carol's grandmother
Sift:
2 C flour
1/2 t salt
2 t baking soda
1/2 t cloves
1/2 t ginger
1 t cinnamon
add:
3/4 C shortening
1 C sugar
1 egg
1/4 C molasses
Combine ingredients and roll into ball, dip top into sugar. Bake at 350 for 12 minutes.

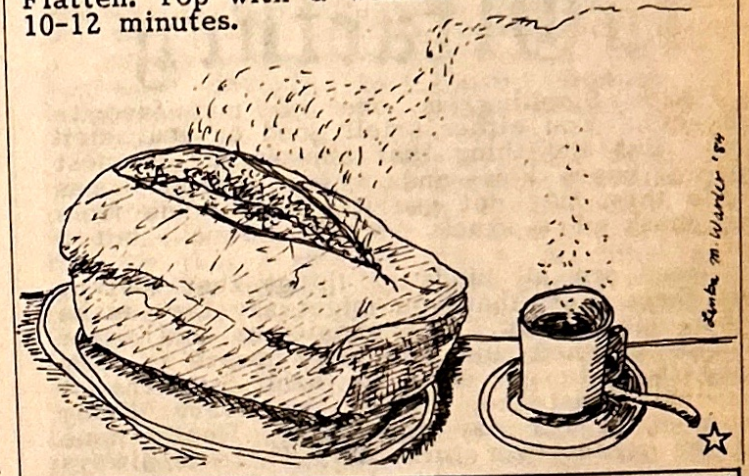
Garlic Soup

*from Kirk
6 C beef broth
12 fresh cloves garlic
2 T butter
2 T minced parsley
1 T flour
5 beaten egg yolks
Peel and mince garlic. Brown lightly in butter with parsley. Add flour and lightly brown. Add broth and simmer about an hour. Add salt and pepper to taste. Slowly add egg yolk and stir with a wisk. Serve with a thin piece of toast or Monterey Jack on top.

Chocolate Mint Cookies



*from Darla's mother
Cream:
1 C butter, 1/2 C brown sugar, 1 C sugar
Blend in:
2 eggs, 1 t vanilla, 2 T water
Sift:
3 C flour, 1 t soda, 1/2 t salt
Add dry ingredients -- refrigerate for 30 minutes. Enclose solid chocolate mint wafers into about a tablespoon sized ball of dough. Flatten. Top with a walnut. Bake at 375 for 10-12 minutes.



Smell Adds Flavor

It has long been recognized that the senses of smell and taste are related. It is now believed that the sense of smell is by far the more complex of the two. One scientist uses this experiment to demonstrate this theory. Try it.

Take that first sip of wine and hold your nose. The flavor should diminish. Let go of your nose and be aware of the more acute flavor.

Researchers tell us that we can smell inside as well as outside our mouths.

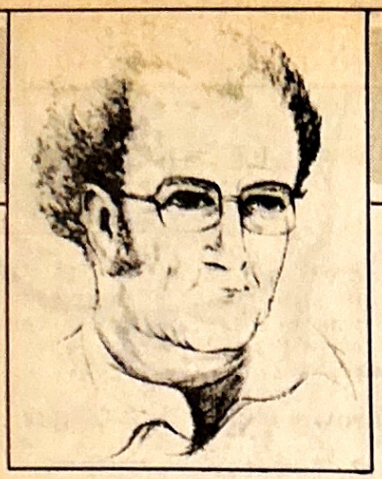
It is estimated that there are 10 million olfactory receptors serving as input for the sense of smell. There are less than one-tenth this number of receptors for the sense of taste.

In an article entitled "New Studies Stress the Importance of Smell" by Harold M. Schmeck Jr., New York Times Jan. 20, 1982, it is noted that "most of the flavor of wine is actually odor sensed by the nose."

"Illustrative of the complexity and sensitivity of the sense of smell is the common experience of most people that one whiff of an odor can recall instantly to the mind a whole scene and emotional reaction to some experience that may have happened many years ago."

"The nose is so good at making fine discriminations that it is truly incredible," said Dr. William S. Cain, associate professor of epidermiology and psychology at Yale.

☆ -Darla Christiansen



LEWIS SPEAKS

by
Rev.
Lewis S.
Bostwick

Insight to Olfactory

Hello: Smelling is one of my favorite subjects. You either smell good or you smell bad. But the thing that amuses me if most people knew how and where perfume was made they may not use it. It is made from the musk of a skunk. Maybe not all, but a lot.

There are all kinds of things that fool us out there. Or that you might say they make fools out of us. The magicians and other people of their like are very aware of how easy it is to get stuck in habit patterns of survival existence, which is every living moment of our day and night. Really none of the senses ever turn off. There is always recording going on somewhere in several parts of the body. I often hear "I just can't remember. I know I've been out of my body, but I can't find how to remember." When it's really very simple. Out of body memory and experiences are stored in the 3rd chakra - the key lies there. There are several things that are noticeable by their ommission in our every day life experience of the mundane and the psychic. For instance, when you are working in past life areas, you can see the deaths - sometimes experience them - but the only birth experience we have a record of in our awareness is the present lifetime.

It is very easy to return to birth and experience what went on from conception to birth, and this is an area which only involves you, your mother and ones close to her. In my own case I found that my smell did not turn on until about 30 days after I was born. Then the smells that turned on were abruptly turned off because of strong odors that were around my body: perhaps that diaper had something to do with it or also the strong smell of milk. As I looked at these areas when I was around 30 I found that my taste and my smell were not of the same value and used only to eat food. Somehow the smoking had dulled both of these senses and a survival mechanism took over which forced me to eat. So when I quit smoking at 50 I suddenly started to change my taste and smell. What really had happened was that I had no information on a body level on how to handle taste and smell which were starting to turn on or come back to normal.

Now if I had not already had the ability to see auras, past and future life pictures, I don't think I would have had a very easy time expressing psychic abilities. So the last 15 years have been a learning experience of how to use these two abilities of the body. I notice when I stopped drinking wine that my smell level became heightened. And from where I am at this present time as a male having to find my space from my mother, I have to destroy some information about her and her experience before I can find the truth for me. I am not writing this column today at a level that I usually write because I am only writing what I have felt in my adventure of my own self. My conclusions at this time is that much of my survival and life experience is blocked by the inability to correlate and put smell on a memory tract along with everything else. For your own experience, you start to turn on that area by visualizing with your eyes closed last Thanksgiving dinner, who was there, the smells of the cooking, the music and the conversations. That is the first way I found that I could only go back that far in my memory of smelling. I have found that as long as the smelling was turned off, I had no control of my appetite or my sleeping.

So part of the consequence as a psychic, since I could not smell or taste too well, was that I spent quite a bit of my time out of my body and being a giver.

I have found since I have more awareness of these abilities, I am able to use the body and be more aware of it.

I'm quite surprised how many delicate smells out there I never experienced. I think the smelling situation has to be experienced and cataloged in each one's individual space. Science talks a lot about how it does work and should work, but don't let that fool you; it is connected with one's own personal experience. I found I can turn up or down and have enjoyed exploring the 1st chakra where smells seem to be cataloged in and along, on a survival level. I have not found any communication on a spirit to spirit level which involves smell. That's where I am. If you have any good information on how it works for you personally, I'll be happy to communicate about it on a spirit to spirit level, but not as a body to body level.

I am very aware many beings get into a very high state of astral planes where there are many creations of what we've experienced in this physical life; there are not very many out there, in the body, who have experienced those levels.

If you have, I'm sure Psyhic Life would be interested in printing them. ☆

(V. Rt. Rev. Dr. Lewis S. Bostwick is Executive Director of the Church of Divine Man. His information has been the inspiration for a church, a seminary, children's schools, a publishing company, a spiritual training program for trance mediums, healers and clairvoyants. He continues to read, heal and create in spiritual amusement. ...editor.)

A Breath of Fresh Air

by Tom Prussing

I am sure that nearly all of you reading this article have had the experience of encountering a smell which reminded you of a past event in your life. We, as human beings, develop our spiritual growth, awareness and understanding through the seven chakras within us and we experience that same development through our five senses: taste, touch, sight, hearing and smell.

The sense of smell is rather interesting and when utilized, a capable ability. When we encounter a person whose amusement and certainty seems to change the energy in a room or situation, he is referred to as having introduced a 'breath of fresh air.' When an experience is invalidating, uncomfortable or unsure, we say that the experience 'smells fishy.' A person who can follow an energy to its source or a thought to its conclusion is said to possess a 'nose for news.' The freshness and aliveness of food can be determined by its smell before tasting, the vintage of a wine by the aroma, and even the attractiveness of a companion or friend by their odor (albeit perfume). As we develop as spiritual beings and our psychic (spiritual) abilities expand and become more within our control, so do our physical senses become more sensitive.

As a psychic and a healer, I use my nose (and sense of smell) as one of many tools to give me information about the energy in or about me. In psychic readings, spiritual counseling and healings, I am able to smell an energy situation or change, before I see it, hear it or feel it. An odor or aroma can accompany the energy of an individual or group. The spiritual or physical change of this energy may present itself, the flavor of the situation you might say.

Before a healing, the smell about a person will give me information about their spiritual, intellectual, emotional and physical well being. I am healing the spirit of the individual who in turn, heals their body. As the energy changes during the healing and the healee intergrates the change through their intellectual, emotional and physical levels, it is then that I may notice smells as an indicator to the changes being made.

You can use your nose to complement your other levels of psychic and spiritual awareness just by starting to use it. Place your awareness on your nose and notice what it smells or does not smell. Many a stuffed up sniffer is just one which is overwhelmed by the accumulated smells around it and you not saying 'hello' to your nose for some time. Without use, exercise and practices, all our abilities atrophy, become dormant and out of our awareness.

As you travel through your day, notice the different smells in the rooms you enter, the day to day difference in the smell of your car, the clothes in your closet, your kitchen, your neighborhood, and the park down the block. From the smell of these locations you can begin to notice the energy changes that are occuring. As you become more aware of the smells that are emitted by energy and its changes, you can place your attention on how the people in those energies are also being affected. Some of you, for instance, have communicated to co-workers, bosses, family members or friends and questioned whether they noticed a certain smell. You smelled a foulness in an air that is stagnant, an electrical short, or the smell that precedes changes in weather. You may have been told that your acquaintences did not notice anything or that you are 'weird'. For those of you with psychic sniffers, who detect changes of energy even days or months before it becomes obvious to those around you, amusement becomes your best psychic protection.

Noting the smell of an individual you encounter will give you certain spiritual and physical information about their energy. An amusing story comes to mind: I had a friend tell me that I smelled like a 'machine' as I entered her house. I realized that I was still carrying about me the energy of the Stanford Computer Center in which I also spend some time. You can notice the smell of staleness about a person whose creative energies have been blocked, the acrid smell of anger, or the bitter smell of spiritual frustration. A dusty smell often accompanies an energy that is in past time and a musty smell may be present when the energy is really in past time (past life). I have found that I can often smell the difference between the energy of a doctor's or dentist's office; the aneseptic smell is quite remarkably different. The smell of a well exercised and healthy body, quite often, gives off a lemony scent.

As you notice the smells around you, you start to shift your attention to the smells about you. You then, can begin to create a level of awareness of your own energy conditions and changes. For example, you may notice that when your emotional state is in stress and you can't 'handle it,' your body gives off an odor even offensive to you. That is an energy situation in which your body is telling you that the energy affecting you is not only, 'not yours,' but it is also getting to you. It is no wonder that the body would call your attention to an offensive situation. That is the time when you can heal yourself by taking a breath, taking a break and creating a quiet space (a meditation space) to say 'hello' to yourself again. I have done this, and to my continual amazement and amusement, my body scent returns to my own natural scent, reflecting that my energy is back to its own natural vibration where I am at ease. ☆

(Tom Prussing teaches healing at the Berkeley Psychic Institute in Berkeley. He is a talented teacher and is able to help his students become aware of how energy can translate to a physical level. ...editor.)

Eau de Change

by Susan Mayclin - Stephenson

It was the third day. The body had stiffened and then, heated by the tropical sun and moisture from daily short rains, had swollen and swollen until it burst, revealing hundreds of white sqirming maggots, the larvae of flies, and emitting an odor that spread over the countryside in nauseating waves.

I was never quite close enough to see the maggots and avoided the area, at the first sniff, if at all possible. The island of St. Croix in the Virgin Islands is populated by many homeless and sick dogs. When they die, they lie there until nature disposes of them.

The balance to this horrible affront to the nose is the fragrance of tropical flowers -- frangipani, night-blooming jasmine -- scents just as overpowering.

And so early man must have noticed and developed "perfume". Especially as men moved close together in towns and cities, with no plumbing or refrigeration, an artificial air freshener must have been needed. Even today, where these conditions exist, one finds the use of incense and large bottles of cologne.

Dried flowers and plants have been used as perfumes and incense forever. There are examples in the Bible of their use by Persians, Babylonians, Assyrians, Hebrews and Egyptians. Queen Cleopatra was known to scent the sails of her barge to announce her arrival as she sailed the Nile,and she ordered thick carpets of rose petals prepared for festive occasions. The nineteenth-century courtesans of France would have rare orchids strewn on the floor of their chateaux in preparation for a special lover.

In the Victorian Age the body was invalidated. Any mention of bodily functions, body parts or body odors was considered in very bad taste. Perfume was used to further invalidate the body. Imagine a culture of humans smelling of flower or herb gardens and pine trees.

The Victorian Age is over. There are substances present in the secretions of humans, animals and insects that "elicit sexual response". These substances are called "pheromones" and are one of the most important ingredients in many perfumes today. Hurray!

All of the human senses are psychic abilities. The body is one of the tools of the being who uses sight, sound, taste, touch and smell to have experiences and gather information. A particular smell can trigger the being to leave the body and go to another time or place or to match another energy. For example, when I put on "diorissimo" I am suddenly a little girl sitting next to my grandmother. "Chanel No 5" takes me to a High School prom for an instant and "Joy", by Jean Pateau, to that brave day in Paris that I bought the world's most expensive perfume (and to the moment sixteen years later when I finally opened the bottle for the first time!).

Perfume is used to change the energy level. A lucky woman can change from a dowdy, fat, ugly and stupid hag to glorious beauty just by dabbing a little expensive perfume behind her ears and on her wrists. Such is female creativity. For men maybe we should look in another direction for the scents of success. What would make a man feel good after a day of sweating and swearing underneath a broken car? A shower and a whiff of "Eau de Fixed Carburetor"?

Chocolate has been shown to contain something that mends a broken heart. As all psychics know, it certainly does something good. I predict that the next most successful perfume will be "Essence of Chocolate", perhaps followed by chocolate after shave, hand lotion and body oil.

Healers in the past used smells to make bodies feel safe. American Indians burned things like sage to clean a dwelling filled with bad spirits. In Europe, garlic was used to fend off demons. Churches still use incense to cleanse and purify their sanctuaries. ☆

(Susan Mayclin-Stephenson, psychic, artist, and writer, predicts "Essence of Chocolate" to be the next successful perfume. Her prediction has already come to pass. George Darveaux has put out a perfume that smells like chocolate fudge which he reports he can't produce fast enough. His prediction for the ultimate cologne: Eau de Cheeseburger. ...editor.)

The Practice of AROMA THERAPY

The Use of Plant Essences in Healing

by Susan Wheeler, B.S., C.A.

Standing at the crossroads of several traditional cultural influences, backed by numerous scientific researches, and touching many aspects of health, aromatherapy , the art of healing with essential oils, is taking its rightful place in modern natural medicine.

Historically, aromatics have been used for thousand of years for healing, spirituality, rituals and sensuality. The art of perfumery and its various uses was a sacred practice in the most traditional cultures (Persian, Hebrew, Mayan, Greek, Chinese, etc.). The Vedas, the most sacred book of India and the oldest book known to man, codifies the use of perfumes and aromatics for liturgical or therapeutic purposes.

Aromatic medicine itself merged from Egypt more than 6,000 years ago. The ancient Egyptians had a very thorough knowledge of the effect of perfumes and aromatic substances on the body and the psyche. Later, with the development of alchemy, the Arabians revived the use of aromatics in medicine and perfumery and perfected the techniques. Avicenne invented the refrigerant coil, which made a great breakthrough in the art of distillation. The crusaders brought back this new knowledge of the art of preparing the "quintessences " which were the basis of most medicines. More and more substances were distilled for their essences, and for centuries essential oils remained the only remedy for epidemic diseases. With the advent of chemistry they faded out of use and were almost forgotten. The revival came with the works of Rene Maurice Gatterfoose at the turn of the century. Today, aromatherapy is a very active movement in Europe, especially in France where it is now a recognized medicine, reimbursed by health insurance.

Plants from all over the world contain useful essential oils. These highly volatile oily substances, to which the plant owes its perfume and flavor, are present between the cells, and act as plant hormones, regulators and catalysts. They may be considered as representing the vital elements or life force within the plant.

Extraction methods are of the utmost importance, with purity being imperative in order to obtain good therapeutic results. Aromatherapy requires an extremely high quality of essential oils, and synthetic substances absolutely cannot replace the real products. There are hundreds of chemical components in essential oils. Most of them are in minute quantities, and yet it is the precise combination and ratios of elements which renders each oil powerful.

Because of that, solvents or preservatives are not used in the preparation of first-quality essential oils. A steam-distillation method of extraction is used instead. This process consists of sending steam throughout the plants, which evaporates the oils. The steam is then condensed and the oils separate from the water. This method yields a high quality oil.

The best ones come from wild or organic plants. The yield ranges from 0.05% to 5% or more. The amount of oils found in each plant varies greatly; this is reflected in the price. For example, it takes an estimates 60,000 roses to produce just one ounce of rose oil; 100 kilos of lavender gives 3 kilos of oil, while up to 2.7 tons of oranges blossoms are required for the preparation of just 45 grams of neroli oil.

The antiseptic and antibiotic power of essential oils is now widely documented. The first scientific studies started in 1881 with Koch, followed by Chamberland in 1887. Continuing research has been carried on since then and is still going on in the faculties of pharmacy in Amiens and Montpellier (France), among other places. These researchers reveal than some essential oil, especially oregano, thyme, lemon, cinnamon, clover and eucalyptus, are extremely powerful antiseptics and antibiotics which are not dangerous for the body at accurate doses. The long history of their usage results in a precise knowledge on any possible side effects. They are thus excellent alternatives to more devastating treatment.

Essential oils also have profound effects on the major functions of the physiological systems: endocrinal, digestive, circulatory, respiratory, etc. They aid the eliminations of toxins from the whole body, and most of them (such as geranium, garlic, sage and lavender) stimulate regeneration of cells.

In traditional cultures, essential oils were primarily used for their psychological effects. Recent research conducted in Europe and Russia reveals that the effects of odors on the psyche is much greater than science suspected. Smell is closely related to basic primitive behavior: fear, aggression, hunger, sexuality; it is also related to more subtle mental processes. Traditionally, perfumes were used to stimulate imagination and fantasy, to generate heartiness, to tone or to calm.

Essential oils help to restore and maintain harmony of the body and mind. They act wholistically as natural non-traumatic medicines. While treating the disease itself, they strengthen health and well being. Aromatherapy is thus a preventive medicine in association with good nutrition and a healthy way of life. The judicious use of essential oils frees environments from a host of synthetic chemicals. It can cut costs for health and beauty care and reveal the body's ability to reestablish a natural equilibrium through gentle-loving plant oils.

Externally applied essences in a base of vegetable oil penetrate the epidermis to a considerable degree. They are soluble into the fatty part of the skin and quickly penetrate the layers of the epidermis and dermis to enter the blood stream. Absorption can vary between 20 to 70 minutes. Penetration probably takes place via the hair follicles which contain sebum, then continues to the interstitial fluid and from there to the blood and lymphatic system and on to various organs. In a healthy individual, this can take between 3 to 6 hours. It can be double that time in an unhealthy person.

Because essential oils are highly concentrated and extremely potent medicines, the doses should always be carefully respected. As a rule, the maximum dose should be 5 drops 3 times per day for internal use. They can be taken in a cup of distilled water as a tea, or a diluted with alcohol or vegetable oil. Taking them on a spoonful of honey will give faster results for such conditions as digestive problems. Only the high quality oils should be used.

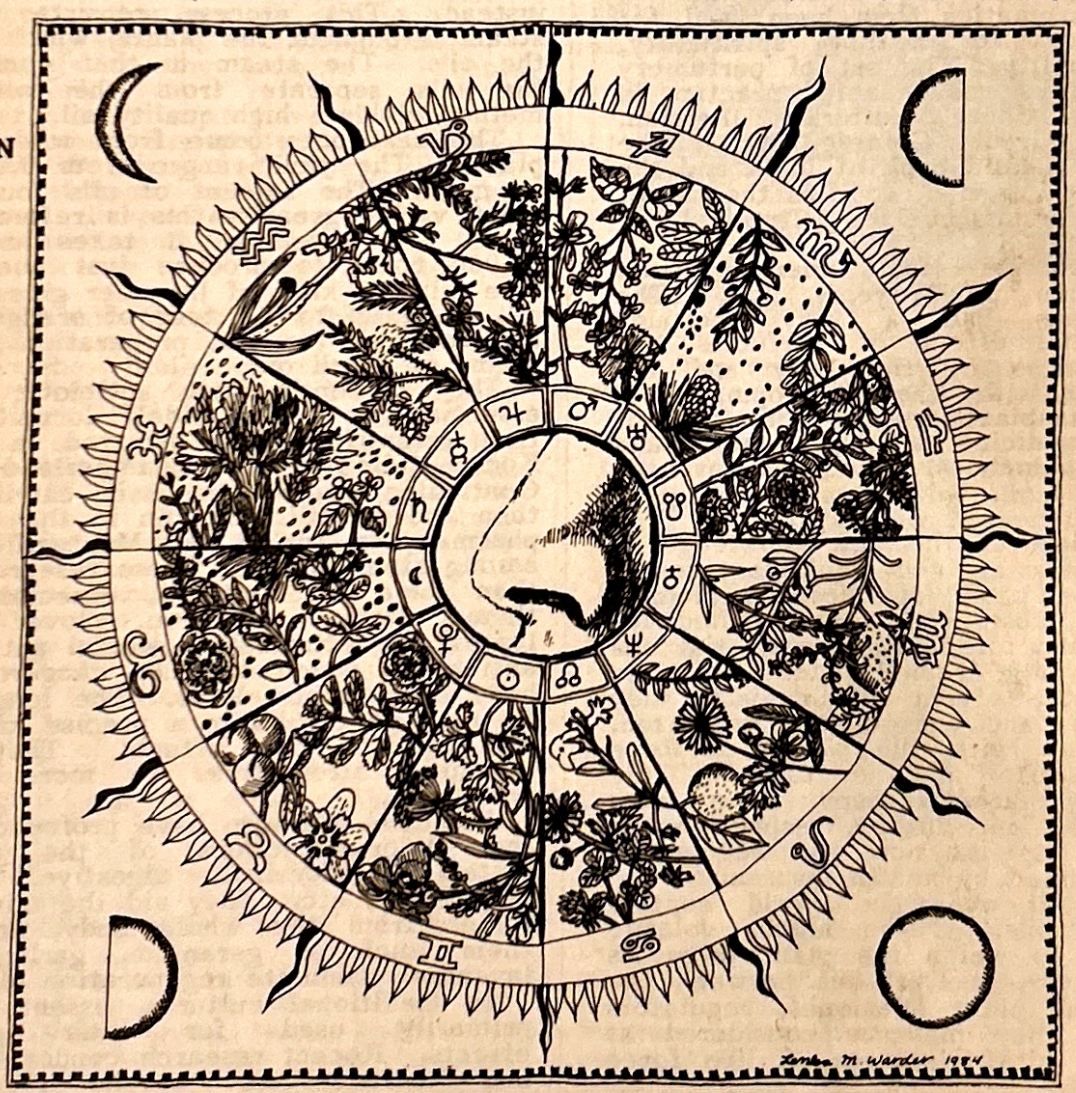
AROMATHERAPY and the ASTROLOGICAL SIGNS

(Continued on page 28)

SCORPIO
Basil, Pine, Myrtle, Grapeseed, Black Pepper

SAGITTARIUS
Sage, Lilac, Mellisa, Jasmine, Carnation

LIBRA
Yarrow, Violet, Myrtle, Rose, Mint, Strawberry



CAPRICORN
Coriander, Jasmine, Cypress, Thyme, Camphor

VIRGO
Lavendar, Rosemary, Myrtle, Lemon

AQUARIUS
Thyme, Cypress, Mimosa, Orchid

LEO
Marigold, Orange, Thyme, Frankincense, Neroli

PISCES
Carnation, Violet Linden, Sage, Grapeseed

CANCER
Stock, Clover, Camomile, Marguerite

ARIES
Rose, Honeysuckle, Pine Myrtle, Black Pepper

GEMINI
Parsley, Carrot, Iris, Lavendar, Clarysage

TAURUS
Rose, Mint, Ylang Ylang, Elderflower, Peach

Essential Oils & Their Uses

Essential oils have physiological and therapeutic properties. Physico-chemical properties, bactericidal, antiseptic and anti-parasitic properties. Following is a brief list of oils and a few of their clinical uses in aromatherapy.

Anisseed - Asthma, migraine and digestive dizziness, painful periods, palpitations, impotence, antispasmodic, carminative, diuretic and gland stimulant.

Basil - A nerve tonic. Good for insomnia, migraine, lack of mental concentration, gout, anxiety, bronchitis, mental fatigue, sinus congestion, colds, influenza, and also as an insect repellant.

Bergamot - A good antiseptic, anti-depressant, acne, fevers, bronchitis, eczema, flatulence, nervous tension, halitosis, indigestion, ulcers and wounds.

Cajeput - Intestinal, pulmonary, and urinary antiseptic, asthma, dysentery, enteritis, gastric spasms, laryngitis, bronchitis, painful periods, and pharyngitis.

Clarysage - Good for throat infections, ulcers, kidney disorders, convulsions, flatulence, hysteria, skin care. For men clarysage is used for impotence, depression and physical and mental nervous debility. In women, over excitability due to pre-menstrual tension, inflammation of reproductive organs and to regulate menstruation.

Clove - An antiseptic, a known aphrodisiac used for toothache, good as an inhalent for head colds, influenza, respiratory tract infections, wounds, muscular stimulation.

Coriander - Used for rheumatic pains, stimulates the digestion, good for intestinal intoxications, influenza, fatigue.

Cumin - Carminative, diuretic, stomachic, vermifugal. Used for rheumatism, appetite loss, flatulence, gastric spasms, vertigo.

Cypress - Antispasmodic effect will ease coughs, helps stop flu in early stages. Cypress in combination with Hyssop successfully eases hayfever symptoms. Also used for rheumatism, hemorrhoids, coughs, skin care, nervous tension.

Eucalyptus - Clears respiratory passages especially when inhaled, skin infections, sore muscles and joints, also has a strong antiseptic and diuretic effect on the urinal tract. Generally helpful for virus infections; flu, herpes, colds, bronchitis. Migraines, congestive headaches and fevers.

Frankincense - All catarrh conditions, septic wounds, ulcers, boils, carbuncle, skin care, laryngitis, very calming.

Geranium - Has a clear effect on the nervous system, it is soothing and stimulating at the same time - used for anxiety by Prof. Paolo Rovesti of Milano. Also used for kidney stones, skin care, sore throat, ulcers, burns, reduces inflammation, poor circulation.

Hyssop - Used for blood pressure, respiratory tract, bronchitis, bruises, catarrh, cough, eczema, fevers, hysteria, rheumatism.

Indian Verbena - Antiseptic, digestive, parasiticide, difficult digestion.

Juniper - Acne, coughs, dermatitis, eczema, flatulence, gout, kidney stones, skin care, external ulcers, urinary tract infections, rheumatism, a good blood purifier.

Lavendar - Aromatic, carminative and nervine. Taken internally it is especially good for headaches and migraine, as a restorative tonic against weakness, spasms, giddiness, colic and vertigo. Stimulates sore muscles, sprains, strains and stiff joint. Used as an antiseptic for pimples, wounds, acne, sores and bruises. Also stimulates hair growth

Lemon - Counteracts stomach acidity and speeds up slow digestion, stimulates secretions from stomach, liver and pancreas. Powerful bactericide and antiseptic, also supports white blood cells and their generation

Lemongrass - Acne, very useful as a muscular tonic, muscular aches, and pains, builds up resistance to fatigue, skin care.

Marjoram - Arthritis, asthma, colds, constipation, headaches, hysteria, insomnia, nervous tension, rheumatic pain, sprains.

Mint - Good for headaches, vomiting, strengthens the nervous systems, sedative, all skin irritations and itching. Menstrual discomfort, sinus congestion, disgestive disorders, fevers, colds, astham and diarrhea.

Niaouli - Anticatarrhal, antirheumatic, tissue stimulant.

Nutmug - Carminative, digestive stimulant, rheumatism, stomachache, dissolves bilary calculi.

Orange - Sedative, lightly hypnotic, dull nervous sensibility. Indicated for cardiac spasms, palpitations, chronic diarrhea, nervous dyspepsia and insomnia.

Oregano - Loss of appetite, asthma, chronic bronchitis, chronic rheumatism, absence of menstrual periods, cellulitis.

Patchouli - Depression and anxiety, bronchitis, glandular disorders, intestinal problems, excitability.

Rosemary - Strong stimulant, helpful for all diseases that result from a reduction of the functions of the nervous system. Clears the mind, tonic for the heart, increases secretion of bile, stimulates hair growth.

Sage - Fibrositis, torticollis, over exercised muscles, fluid retention, all muscular aches and pains, a good stimulant and antiseptic.

Sandalwood - Acne, bronchitis, catarrh, coughs, cystitis, regulates menustruation, sedative, sore throats, depression, anxiety, skin care, dermatitis.

Savory - Digestive stimulant, nervous stomach, intestinal spasm, asthma, bronchitis.

Tarragon - Anorexia, dyspepsia, hiccough, painful menstruation, rheumatic pains.

Thyme - Strong general stimulant, dermatitis, fatigue, rheumatism.

Terpentine - Bronchitis, colitis, constipation, migraine.

Ylang Ylang - Aphrodisiac, skin care, depression, anxiety. Sedative.

Aromatherapy...

(Continued from page 26)

Taken internally, essential oils are strictly medicinal; externally, they can also be used for their pleasurable aspects. They can add uplifting of awareness, a touch of genuineness and elegance to existence. Essential oils are particularly beneficial in massage - a slow diffuse, gentle and pleasant way to take them. They are rapidly absorbed by the skin and penetrate deeply into the tissues. The massage itself helps their penetration and guides them where they are most needed. They will treat locally or via the energy channels (nerves, meridians).

Baths and essential oils have mutually synergetic effects. From Egypt to India, the ancients had elaborate ritual absolutions which were combination of hot and cold fragrant baths, ointments and aromatic massages. Pour oils in your bath just before you get in. Use 5 to 10 drops, pure, or mixed with vegetable oil (recommended for dry skin).

One of the most pleasant applications of aromatherapy is as an aromatic body wrap. On a comfortable surface (bed, carpet, massage-table, etc.) lay a blanket, cover it with plastic and place a large bath towel on top. In a spray bottle, mix 10 to 15 drops of the appropriate blend of oils with 8 to 12 oz. of hot water. Shake well. Spray on the towel, shaking constantly. Lay the towel and wrap it around your whole body, then wrap the plastic and the blanket around you. Breathe, relax, enjoy. This works even better in a quiet room with dim light and nice peaceful music.

Inhalations are very beneficial for lung problems, sinusitis, cold, flu, coughs, etc. Place five drops of oil in a bowl of hot water. Breathe gently under a large cloth. Add 5 more drops after five minutes. If your nose starts running it is just a sign of a natural elimination process beginning.

Nowadays in Europe it is increasingly popular to use essential oils by aromatic diffusor an apparatus that diffuses essential oils in the air without altering or heating them. The ionized micro particles stay suspended for several hours and revitalize the air. There has been a lot of clinical research into the uses of the diffusor over the last 10 years (Dr. Camblin, Pierre, Franchomme, etc.). Besides the antiseptic action already widely documented, the effect on the respiratory systems is very beneficial (asthma, bronchitis, sinusitis, sorethroat, colds, etc.). The action on the circulatory and nervous system is a also very pronounced. It seems, in fact, that the aromatic diffusor can be used for almost all indications of aromatherapy. It can easily be installed in places where treatment is of importance, saunas, clinics, hospitals, gyms, schools, and private homes could benefit equally from the dispersion of pure plant essences.

Aside from the physical uses of essential oils there are the spiritual or ritual ones. Aromatics were used for centuries in ancient ceremonies of all types. In the Christian religion, anointing with oils is part of the most sacred ceremonies. Many other faiths and religions use oils as an aid to changing consciousness. Essential oils as used in ceremonies and rituals don't necessarily correspond to the scientific and therapeutic properties as used in aromatherapy. As each essence has its own chemistry, it also has its own energetic or vibratory makeup and will effect a corresponding spiritual-therapeutic level. ☆

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Susan Wheeler was born in Missouri where she discovered she had an interest in healing. This interest took her to London where she lived for 8 years studying psychotherapy, holistic medicine and herbology.

It was in England that she met Dr. Kurt Schnaubelt who introduced her to aromatherapy. Because it is used extensively in Europe, but relatively unknown in the United States, they have brought aromatherapy to this country. Dr. Schnaubelt has established a main office in San Rafael, California where he does some counseling and distributes the aromatherapy product, the Original Swiss Aromatics. Finding a demand for their product in Southern California, Susan is now in the process of setting up an office in Los Angeles where she plans to combine her skills as a certified accupuncturist with aromatherapy. They will soon be teaching classes and plan to create a correspondence course for people interested in learning how to use aromatherapy as a healing technique.

Susan can be reached in Los Angeles at (213) 930-0980. Dr. Schnaubelt will be at The Original Swiss Aromatics, P.O. Box 606, San Rafael, Ca., 94912, (415) 459-3998. ...editor.)

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Spirit Guides

by Caitlin Goodsell

A "Scents"-itive Lady

Betty: This is embarrassing, but I want to know why my body smells change so much. I've tried changing my diet, but the only time that seemed to make a difference was when I did a water-fast once. Then everything about my body seemed to improve, including how it smelled. But I cannot live on water forever!

CG: When I look at a time-line from your birth until now, it looks like this started when you were around 16. Two pictures light up around that time; one about puberty, and the other has to do with an ability called trance mediumship, which is the ability to channel another being's energy through your body.

Betty: I did have a late puberty. I remember thinking that the body smells were from that. But I didn't seem to have the traditional underarm stink, but odd odors - mint, menthol, musty smells, food smells, and some I never could identify.

CG: Have you ever been aware of spirits around you?

Betty: I have heard that people will have guides around them for different reasons, but I never knew of any around me, unless you count some times when I've felt like I was two different people, you know, like a split personality?

CG: That's exactly when you are using that trance medium ability and are aware of having another being in your body. In fact, it looks like you have had many different beings round you at different times. As you went through different growth stages in your life, you would attract beings with different interests. Right now, I see five beings around you. Three are out on the edge of your aura, one is close to your right hip, and one is actually "plugged into" your neck and is running some of his energy through the creative channels in your arms and hands. He is trying to use your body to get some information about creating.

Betty: Here, smell my hands! They stink of garlic! I never eat garlic!

CG: It looks like your body is so sensitive to energy that the body chemistry will alter in response to these beings' energies. Also, because you are pretty open on a psychic level, you can actually smell their energy, even when the body doesn't change very much. You have a psychic nose!

Betty: What does this have to do with puberty? And what did fasting do?

CG: The changes you went through during puberty, both on a being level and as a body, were pretty confusing. It looks like your mother's energy was so strongly in your space trying to tell you how to be grown up, that you had a hard time dealing with those changes on your own. So, you opened up that trance mediumship ability and sent out a psychic S.O.S. for some spirit guides to help you through the rough spots. The way they helped you was to help you get out of your body, which made the confusion easier to handle, but left you open to further invalidation, creating a vicious cycle. As for the fast, had you been drinking a lot?

Betty: About a six-pack a day. That was partly why I went on the fast, to dry up. It was worse than Lent.

CG: Although for most people fasting is an out-of-body experience, it looks like it helped you get into your body. The detoxifying effect of drinking only water, combined with the rest from the booze, really helped you to

let go of a lot of foreign energy. You were able to start getting back in the body and reowning it. The body energy itself changed from a metallic silver, which would tend to attract beings, to an earthy tan and green, which was so different that those beings had a hard time finding you, much less getting in your body.

Betty: Does this mean I have to keep fasting to keep the beings from stinking up my body?

CG: No. You can learn to ground and reown your body, be senior to spirit, and eat too. I recommend a beginning meditation or healing class. You, too, can come up smelling like a rose! ☆

(Caitilin has the ability to see and hear guides. She sketches the spirit energy into a portrait. Caitilins drawings accompany each of her articles. ...editor.)

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(Continued from page 7)

and from all who do not believe in our spiritual levels. I have heard too many authorities making the pronouncements that sanctuary is a concept that died with the Dark Ages.

Separation of Church and State is always presented incorrectly. What the constitution defines is the separation of Church and State, in that the State is to stay out of the Church and no church is to have control of the state; but it also provides that the Church is a state unto itself. Separation of Church and State does not mean that the Church is not to legislate, to execute its own legislation, and to have its own courts. It does not mean that Churches are to stay out of the same things that the State does. The Church is a state unto itself. Members are governed by the Church first, not the State. In fact, spirit knows no political boundaries. A church has no geographical location. Thus, the immunities extended to a church must exceed even the immunities granted to embassies and ambassadors. This is what authorities have long been trying to keep us from having. The United States Constitution, by its very nature, was designed to govern the government, not a church. The Church was to govern its own people. Sanctuary is a space not to be tarnished by atheists who wish to punish those who wish to communicate with God. ☆

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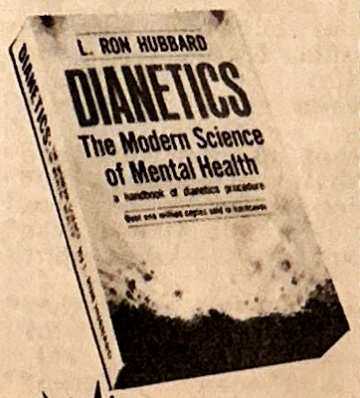

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Astrological Forecast

by Dr. Robert Crow

January

For those training in the Psychic disciplines, this could be the most exciting month of your life. There are many ways that astrology can be used to enhance your effectiveness in psychic training. There are times when energies are dynamic and times when levels are low or ineffective. In the time between the full moon and new moon, meditation is most productive. It seems unfair to restrict or limit the times when a person can do what they want or wish, this is not my intention.

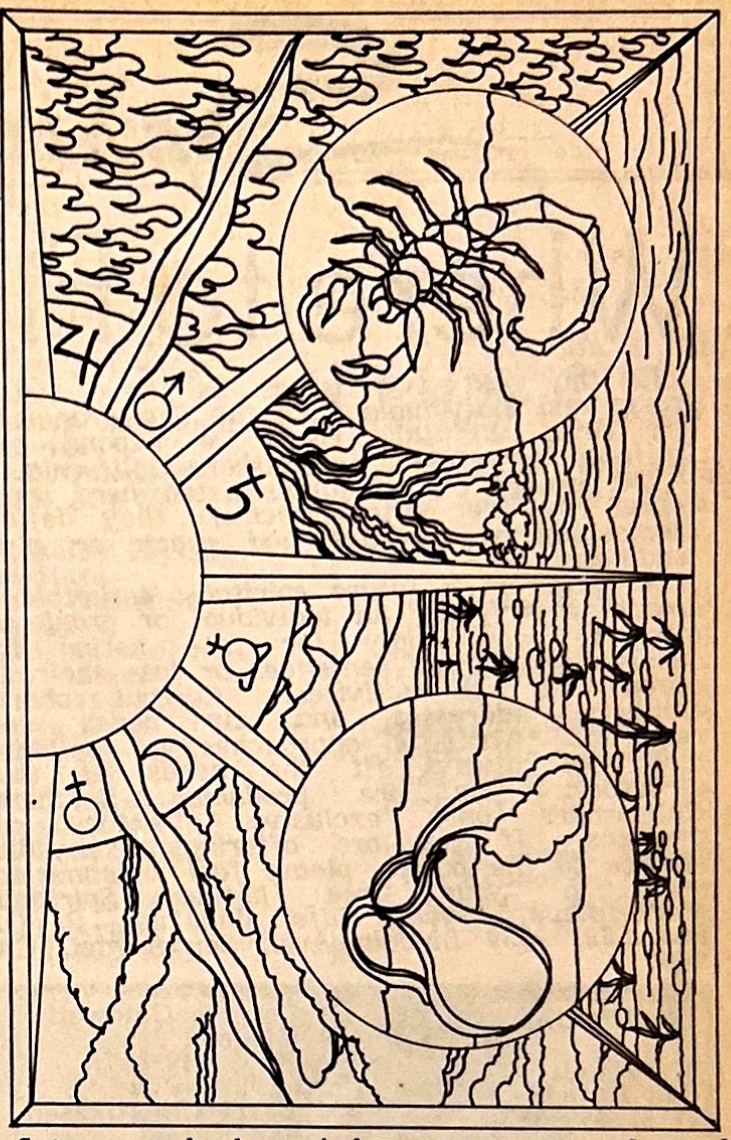
On the 14th of January, Mars will join Pluto in two degrees of Scorpio, adding its dynamic energy. Both of these planets are at home here as they are co-rulers of Scorpio. This could be the beginning of a new sexual revolution, or at least a moral rebellion.

The full moon on the 18th could bring enlightening experiences to many people for the first time. On the 19th, Jupiter, the planet of expansion, will meet (not collide with) the Psychic planet Neptune, to enter the sign Capricorn arm in arm. This influence could cause law makers to pass idealistic laws based on traditional values that are unrealistic and inconsistent with the new attitudes of the people. Venus, the planet of love, will join Neptune in Capricorn on the 25th, and meet Jupiter on the 26th. I am going to save Friday evening, the 27th and all day and all night Saturday for myself to enjoy the wonderful vibrations produced by these planets. Besides, Friday night at 6:37pm the moon will go void of course and stay that way until Sunday morning at 4:12 am, when it too will enter Capricorn. Psychic impressions received while the moon is void of course, should not be trusted, no matter how strong they may be, because illusion and misinterpretation are the rule at this time. During moon void of course periods you should stick to daily routine. Starting projects at this time will waste a lot of energy. Nothing goes as expected, or works out the way it should, if started while the moon is void of course.

February

February comes in with the new moon in Aquarius, going void of course at 11:05 pm and staying that way from Wednesday to Friday at 3:22 am when it enters Pisces. Groundhog day, being the second, I am not sure we will be able to believe the groundhog. There are two more long periods when the moon will be void of course in Feb. They are from the evening of the 19th to the evening of the 20th, and from the morning of the 22th to the morning of the 23rd.

On Wednesday the 8th, Mercury will enter Aquarius. This should help settle the mind, making studying and learning easier. However, creative thinking should come easier now. Although the mind is more settled it will not be restricted. You may feel frustrated on the 19th, when Mercury squares



Saturn, and the mind seems to get bogged down.

Mars will conjunct Saturn on the 14th, this could give strength to your resolve, as the fearless energy of Mars should help give courage to your convictions, and increase your determination.

Caution! If Mars and Saturn are afflicted in your natal chart you could be the victim or perpetrator of an assault at this time.

All the planets being in three signs has a very intense impact on part of our lives. We can tell what part of our lives are affected by knowing which houses of our natal chart these planets occupy. ☆

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Spiritual

Where to Find A Psychic

In the past two issues we have listed groups and individuals from the San Francisco Bay Area. In this issue we expand our Spiritual Marketplace to Southern California.

The groups or individuals listed here were chosen by the editors because they define themselves as psychics and teach or give readings.

A listing in a future spiritual Marketplace directory is free. An individual or group of integrity may apply for free listing by describing in three sentences or less their 1) creed and 2) activites. Current phone numbers, addresses and zip codes are required. Wholistic approaches to wellness may not always fit the needs of this directory. We are producing Northern California's only exclusive directory of psychics. If you are offering a psychic service to the public, please feel welcome to send in your free listing: Spiritual Marketplace, Psychic Life Magazine, P. O. Box 552, 1339 Lincoln Ave., San Rafael, CA 94901.

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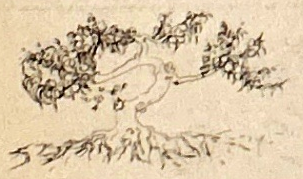

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Healing with Tarot

through Shekinah Mountainwater

QUESTION: What does it mean when the Death card comes up?

ANSWER: In most cases the Death card rarely means a literal, physical death. More often it shows a change in the seeker's life; the end of one pattern and the beginning of another. Change is a kind of death, which is always succeeded by the birth of the new. Most people get frightened when they see the Death card in the Tarot, because it shows skeletons and has a negative quality. In my own goddess deck I have re-drawn this card, showing a woman with rainbow wings flying up out of an open eggshell, like the phoenix rebirthing. I call it "Transformation," which is what death is really all about. This is the thirteenth card of the Spirit Suit, and is given the astrological sign of Scorpio. These symbols represent dark and mysterious forces, that have long been denigrated by our culture. As we learn to understand them better, we can see them in a more positive light. Working with psychic energy is a major step towards this understanding, for these energies exist in eternity, or what we have come to know as "the other side." No matter what changes we go through, we never cease to exist as Beings or Spirits. This is the message of the Death card.

QUESTION: How come there are so many tarot decks?

ANSWER: In many cases, people who become serious students of the tarot arrive at a point in their development where they find a need to create their own personal decks. Tarot, though it can be used to gain insight on others, is a profound tool for self-study. The ultimate deck, therefore, is your own deck. Nowadays there are more and more people seeking spiritual enlightenment, and we are seeing a great overflow of books, symbol systems, mind control techniques, new religions, etcetera. I believe that the appearance of many new decks is a part of this flowering.

On a larger scale, there are profound changes going on in the mass unconscious of our race. New interpretations of old symbols, and whole new symbols are appearing. A new belief structure requires new archetypes, and we can see this need being met through many channels, of which tarot is but one.

QUESTION: What keeps me from destroying old rejection patterns? J.C.

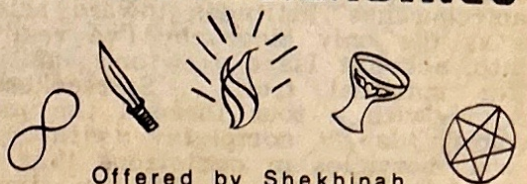
ANSWER: I pulled the Nine of Cups for you, J.C., called "Contentment." It shows a woman smiling and satisfied, arms outstretched towards the many overflowing cups around her. I take this to mean that you have become complacent in your current situation and are reluctant to make the changes in your life that would be required by intimate love. You may have to give up some of the conveniences and comforts you have grown used to, and while on one level you long for closeness, on another level you fear it. Intimacy is risky in some ways, and this can be scary. In the long run, I'd say it is better to take the risks for the sake of having love, but it is a decision only you can make. It seems you are drawing people right now who will reject deep intimacy, because you are putting out a message of resistance. Once you decide you are ready to open up more, I'm sure you will find the love you seek.

QUESTION: What is the cause of my asthma? I feel as though it has something to do with my childhood at ages 3 to 5. P.

ANSWER: I pulled the Voc card, which replaces the old Ace of Swords. It shows a woman singing, her mouth wide open in joyous self-expression. This card is about the power of the spoken word and the breath that carries it. I take it to indicate that your asthma is related to frustration in this area. You need to seek out more freely, to say what's really on your mind. Your lungs are holding the repressed expression of years, which probably began at the time you mentioned. Apparently you were denied permission to speak freely at that time, or were unable to because you were still learning how to use words and were unsure of what to say. I suggest you go back to the incident in your mind and say aloud all that you wish you had said then. Shout if necessary, and repeat it as often as needed; give yourself permission! ☆

(This column is here for you. Send your question by mail to Psychic Life and see them answered here. ...editor.)

TAROT READINGS



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Intellectual Corner

Book Review

A PSYCHIC ITINERARY of books by Colin Wilson

I love books, novels, histories, whodunnits poetry. I even like to read the dictionary. But there is one type of book I have always avoided; those on the occult.

In the last year, however, I took a journey into the world of occult books, and to those of you who are contemplating such a trip, I present this travelogue.

My travels to the unexplored section of the bookstore began innocently enough when a friend lent me Colin Wilson's "The Mind Parasites." Wilson uses a rare combination in a writer; he has something to say, and he says it clearly. His books are like an after-dinner conversation with a knowledgable friend. When I find an author I like, I usually look for other books he's written, so pretty soon I was reading "Mysteries," and my trip had begun in earnest.

"Mysteries" is just what its title says, a compendium of curiosity-provoking happenings, all of which touch on the psychic world. It is neatly divided into sections that can be read separately, including chapters on ley lines, ghosts and ghouls, mesmerism, multiple personalitites, and witchcraft. A companion work, "The Occult," is packed with more information than I think I want to know, but it makes a nice reference book.

Perhaps it is Colin Wilson's open-mindedness that makes him such an enjoyable author. He is not connected with any particular psychic or scientific school, although he is conversant with most of them, and so is able to ask questions and present ideas that more dogmatic writers would not consider.

Although not strictly occult books, his biographies of Gurdjieff and Wilhelm Reich take into account the spiritual considerations that drove both men, one into an influential career in psychotherapy and the other into mysticism.

If you are interested in astronomy as well as the psychic world, a side trip to read Wilson's "Starseekers" is certainly worthwhile. Described as a history, it is really a small guided trip into the lives of ancient and modern astronomers, the pyramids, and that strange 8th century map of the landmass beneath the southern polar ice cap. Wilson also presents a convincing theory that Galileo was more bully than saint (inserting a brief but clear sketch of the development of the Christian churches' attitudes toward science), as well as the only biography I've read that takes into account Isaac Newton's continuing quest for spiritual truth. "Starseekers" is rounded off with a tour through the modern astrophysics lab, complete with those mischievous particles in cyclotrons that insist on either being two places at one time, or photographed at a location before they get there!

Wilson also offers reading to the science-fiction fan. In "Mind Parasites" invisible invaders from space secretly take up residence in people's minds and slowly take over control of their thoughts and feelings. Since the people assume that all the thoughts in their minds are their own, they do not realize they have been invaded, and think the new wave of war and terrorism is a result of human nature. Although chilling in its description of the hero's encounter with the mind invaders, this book can also be a comfort to those of you who have suspected that some of "your" thoughts might really not be yours. In an interview, Colin Wilson called "Mind Parasites" one of his favorite works. He remarked that his scientist friends did not discuss the book's theories with him, "because they mistakenly think I didn't mean it."

The "Philosopher's Stone" is also a science fiction novel about everyday people discovering unsuspected powers in themselves (in this case, immortality and telekinesis) and in other unseen beings. "Space Vampires" is less like Lovecraft and more like Buck Rodgers. It is an adventure story about a noble astronaut, who is ordered by the unscrupulous politicians to bring to Earth containers full of what proves to be the bacterial beginnings of an invasion of vampires from outer space. These vampires are more fun than the regular variety, in that they take up residence only in the bodies of gorgeous young women and men. Instead of literally sucking the blood out of their victims, they draw out the life-force during what seems like a blissful sexual encounter.

Colin Wilson books were a good start for me in reading psychic literature. He is literate, amusing and open-minded. I think this is probably due to the fact that he never finished school, since he found out that school didn't have much to tell him. He has published novels, science books, biographies, and anthologies. In England he has appeared on the BBC and been involved in many media shows about the psychic world. Wilson's strongest characteristic seems to be his insatiable curiosity about the world. In none of his books does he sound satisfied with pat or final answers.

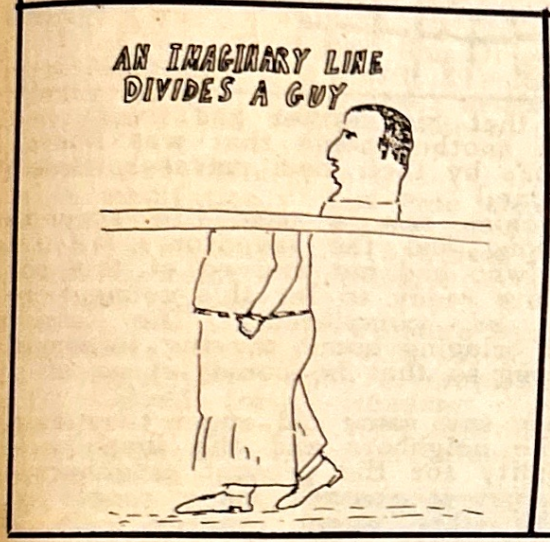
☆-Cavan Holliday

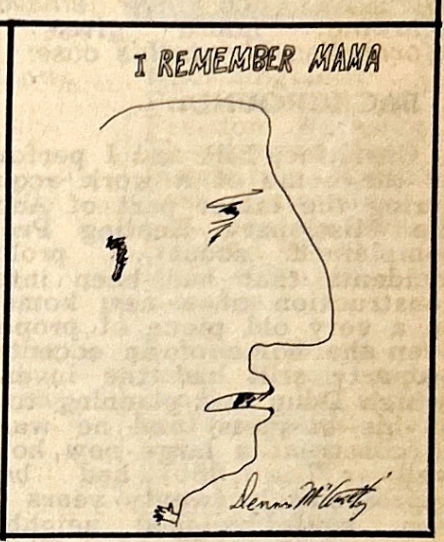
(Cavan Holiday is an avid reader, going through 5 novels a week. She is also a capable clairvoyant reader. ...editor.)

Heavenly Humor

Beyond High School

by Dennis McCarthy





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Missionary Healing Report

Laura Baille, Bill Brewster and Christi Bengard, psychics trained at the Berkeley Psychic Institute and members of the Missionary Healing Program were asked to perform a "house healing." (A healing is simply changing the energy or forces that affect the flow of animate or inanimate objects, breaking up the blocks that keep people from creating a positive situation for themselves and their environment.) In the following, Laura gives the background information about this case:

BACKGROUND:

Christine, Bill and I performed an exorcism on the home of a work acquaintance of mine during the latter part of August as a part of the Missionary Healing Program. Doug had complained about a prolonged series of incidents that had been interfering with the construction of a new home he was building on a very old piece of property. It had once been the home of an eccentric inventor. The property still had the inventor's home on it (which Doug was planning to use later as part of his business) and he was currently trying to construct a large new home on the site as well. The lot had been vacant for approximately twenty years despite being in a very well-developed neighborhood only two blocks from a Country Club. Ever since the property had been purchased, Doug had run into one stumbling block after another with banks, the City Planning Agency, contractors, missing and late materials, numerous job injuries and the "strange feeling" that Doug would get when entering the property. (Once this "feeling" was so strange and pervasive that Rod had to leave the premises immediately). All in all, it was felt that there had been too many unplanned things happening to keep the new home from being completed for everything to be "merely coincidental." I had mentioned to Doug that an exorcism might improve the situation, so he requested that we come out.

THE HEALING:

On August 11, 1983 Laura, Bill and Christie arrived at the building site at 7:00 pm. They proceeded to prepare themselves to go into "trance" or an altered state of consciousness that enables them to "see" the energy or influences clairvoyantly.

The inventor's home was affected by past time forces. This is a musty energy, energy that has not moved or changed in a long time. Laura, Bill and Christi cleaned out this stagnant feeling and started it moving again so that some growth and change could begin.

The inventor's mother was still there as a spirit. She was unhappy and unaware that her body was no longer living. She did not like these new people coming in and changing her son's "space." Her energy level was silver, very high and intense. The psychics gave her a healing and showed her the way to the next step in her evolvement. (Later it was discovered that his mother had lived on the property in another home that was linked to the inventor's by their own privately installed telephone line.)

The psychics saw a past life agreement between Doug and the inventor. It looked like Doug (who had not arrived at this point) was not quite ready to let this connection or agreement be completed. The psychics worked on bringing some missing information back to Doug so that he could let go of that connection.

Next they saw some old anger that existed between the neighbors and the inventor. It had no reality for the present neighbors and Doug, and yet it seemed many people were reacting to this anger energy. It was grounded out of the property. (It was later learned that the inventor had originally owned the entire city block and had only sold it parcel by parcel as necessary.) After this was done, two neighbors came to the door asking to look around.

Doug arrived at 8:30 just as the healing ended and Laura, Bill and Christy were leaving. He filled everyone in on the additional information concerning the property and the inventor.

EPILOGUE:

One month later the house was completed and Doug and his family will be moved in to it. He stated that there have been no more injuries, "strange feelings" or inordinate delays. However, he had a very difficult time attributing his new peace of mind to psychic healing. So much for validating psychics!

☆ -compiled by Darla Christiansen

Rev. Darla Christiansen

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The first layer of your aura is bright blue. You have a healthy body vibration. You are dealing with survival information about water and past lives you have had on and and near the ocean.

The gold and red in your second layer tells me you are using strong sexual energies from past lives. You are also using your own healing information in present time.

Your third layer is green and grey. You are looking at authority and considering new ways to create in the world around you. The fresh green (change) is breaking up old concepts (grey) that no longer work for you.

The pink coral color in your fourth layer shows that you have a strong communication between your body and your being in your present life and in many of your past lives.

The expression of your body and being communication in enthusiasm and humor is shown by the brilliant turquoise in your fifth layer.

In the yellow in your sixth layer I see that you use writing as a way of expressing yourself.

Your affinity for yourself and your own healing abilities shows itself as a pink coral color in your seventh layer. -Excerpt from a reading-

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SPIRIT PHOTOS

In this photo I see energy from a grandfather entering into the child's third chakra directing her body around the room. I guess the child didn't know the appropriate etiquette around friends. Her grandfather's energy or spirit is controlling the child so that the impression she makes will "do him proud".

Reading by Dennis Troupe

Do you have any of your own spirit photos you would like to share with us? We would like to publish reader's photos as space permits. Along with your picture, please include any information about the circumstances of the picture, such as, what you saw as you took the picture. All photos will be returned, if mail with a stamped, self-addressed envelope. Mail to: Psychic Life, 1591 Sebastopol Road, Santa Rosa, CA 95401.

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